

# 2025 WINTER

**ALSO INCLUDES:**

- **Preschool 2025/26 registration**
- **After school 2025/26 registration**
- **Summer recreation programs**



**REGISTER AT WINREC.COM**



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**263 MAIN STREET, WINCHESTER, MA 01890 (781) 721-7125**

# DEPARTMENT INFO

## WINCHESTER RECREATION

263 Main Street  
Winchester MA 01890  
Main Office: 781-721-7125  
Fax: 781-721-7129

[Town Recreation Webpage](#)

[Registration Link](#)

## OFFICE HOURS

Monday: 8AM to 7PM  
Tuesday-Friday: 8AM to 4PM

## STAFF CONTACT INFO

### Nick Cacciolfi

Director of Recreation  
[ncacciolfi@winchester.us](mailto:ncacciolfi@winchester.us)

### Chris Ellison

Program Coordinator  
[cellison@winchester.us](mailto:cellison@winchester.us)

### Mitchel Ulacco

Program Supervisor  
[mulacco@winchester.us](mailto:mulacco@winchester.us)

### Jennifer Cutillo

Administrative Assistant  
[jcutillo@winchester.us](mailto:jcutillo@winchester.us)

### Michelle Blumsack

Office Clerk  
[mblumsack@winchester.us](mailto:mblumsack@winchester.us)

### Sonja Ferraguto

Pre-School Director  
[sferraguto@winchester.us](mailto:sferraguto@winchester.us)

### Carol McCollem

WRAP Director  
[cmccollem@winchester.us](mailto:cmccollem@winchester.us)

### Lisa Paganis

WRAP Assistant Director  
[lpaganis@winchester.us](mailto:lpaganis@winchester.us)

## FINANCIAL AID INFO

Financial Assistance may be available.  
Applications available online or by request.

## SPECIAL CIRCUMSTANCES

Those requiring special assistance, please contact the Recreation Director.

## TUITION

Tuition must be paid at the time of registration. Visa, Master Card, Discover are accepted. Checks should be made payable to Winchester Recreation Department.

## PAYMENT PLANS

Payment plans are available please reach out to Michelle Blumsack [mblumsack@winchester.us](mailto:mblumsack@winchester.us) or call 781-721-7125 for more information.

## E-ANNOUNCEMENTS

Please sign up for our general email list to receive periodic updates and new program information.

## WEATHER CANCELLATIONS

All cancellations will be posted as an alert at the top of our registration website: [www.winrec.com](http://www.winrec.com)

## FLEXIBLE SPENDING

Town of Winchester  
Tax ID # 046-001-371

## NEIGHBORS HELPING NEIGHBORS

NHN is a fund set up to help support Winchester families who might otherwise be unable to afford recreation programs. To donate: Add Neighbors Helping Neighbors to your cart, then select the amount you would like to donate. All donations are greatly appreciated!

## WINCHESTER RECREATION

### WINTER 2024 PROGRAM GUIDE

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#### Disclaimer:

Occasionally there may be an error, typo or change in the day, times, fees or location in the brochure. If so, we will do everything possible to correct the situation promptly.

#### PHOTO PERMISSION

Participants in Winchester Recreation sponsored activities permit the taking of photos and videos of themselves and their children for publication and use. Instructions to the contrary must be made in writing to the Recreation Department.

## PROGRAM REFUND/CANCELATION/TRANSFER POLICY\*

Notice must be given 5 business days prior to a program start date for a refund.

- Programs costing less than \$100: Full refund less \$10
- Programs costing \$100+: Full refund less 10% of the program fee
- Transfers will be charged \$10 administrative fee.
- Only medical refunds can be given after the program has begun; however these will be prorated for classes attended and a \$10 administrative fee will be applied. (physician documentation required).

\*This excludes CHILDCARE PROGRAMS & PRE-SCHOOL please see specific policies for WRAP & Kid Connection.

# RECREATION HAPPENINGS

Dear Recreation Families,

We are extremely excited to release our Winter Program Guide for your review! This brochure has a combination of Winter programming for all ages, recreation-staffed summer offerings, and registration information for our 2025- 2026 Kid Connection and WRAP childcare programs.

During the winter months and holiday giving season, we hope you will consider donating to our Neighbors Helping Neighbors Program. Donations to Neighbors Helping Neighbors allows us to fund scholarships for kids programming who may otherwise not be able to enroll into recreation programs. Every donation helps and has allowed the Recreation Department to award thousands of dollars of programming over the last year. You may be asked automatically at check out when purchasing a recreation program to donate, or you can add it to your cart at any time. Currently we have exceeded our funds in this account and will need additional donations to allow us to continue providing scholarships. Thank you in advance to all who have and are considering donating to this scholarship account!

As we move forward, we are planning exciting new programs to bring to you. If you have a suggestion or want to teach a class, please let us know! Information on working with us is located on Page 7 of the brochure.

We want to wish all our Recreation Families a happy New Year and Holiday Season.

Sincerely,  
The Winchester Recreation Department

## FEATURED IN THIS BROCHURE:

**WINTER:** Afterschool programs, youth enrichment, Early Release Day Trip, Adult Programming

**SUMMER:** Junior Summer Adventures, Summer WRAP, Summer Sports Adventures, Summer Speed, Agility & Strength

**CHILD CARE:** 2025-26 Preschool and Afterschool enrollment information.

## WIN REC RENTALS

The Winchester Recreation Department offers evening and weekend rentals (based on activity schedules). Community members can rent our gym for birthdays, to shoot hoops, play floor hockey, dodge ball, or just run around and get some exercise. Classrooms are also available for workshops/meetings/party space.

All renters must have an adult onsite at all times. Recreation equipment is available for use upon request. A staff member will be onsite to assist with any equipment needs and set up. If you are bringing in an outside vendor or performer to run games or events, the Town of Winchester will require proof of insurance from all businesses.

### BIRTHDAY PARTY RATES & INFORMATION

Days/Times Available:

Monday – Friday: Call for rates.

Weekends: \$300 fee includes 2 hours for party/event, with 30 minutes of set up and 30 min for breakdown (total 3 hours)

Email [request form](#)/questions to: [mulacco@winchester.us](mailto:mulacco@winchester.us).



# VACATION PROGRAMS

## FEB/APRIL VACATION SPORTS BLAST (Grades 3 - 5)

This program is the perfect solution for that active/athletic child who is always looking to play sports/games. This multi-sports program combines a number of sports and games that your child is sure to love! Recreation Department Program staff, Chris Ellison and Mitch Ulacco, will coordinate games that include, wiffleball, soccer, floor hockey, basketball and some of the old school gym classic games, jailbreak, dodgeball etc. Register for one day or book the entire 4 -day program! Participants should wear comfortable clothing, bring a water bottle, and a nut free snack. Pack some warm clothes as we might go outside as well! Program takes place at the Recreation Department Gym at the Old Mystic School Building, 263 Main Street.

Dates:

**February Vacation:** February 18 - February 21 (Tuesday - Friday, 4 Days)

**April Vacation:** April 22- April 25 (Tuesday - Friday, 4 Days)

Time: 9:00AM - 12:00PM

Fee: \$50 per day or \$175 for all 4 days

Location: Winchester Recreation

Instructor: Chris Ellison & Mitch Ulacco

## FEBRUARY POKÉMON ADVENTURE CLUB (Grades 3-5)

In this super fun Pokémon class, students will come together to interact with other fanatics to learn all things Pokémon. Students will play an assortment of classroom games such as Guess That Pokémon, Pictionary, and the opportunity to create their very own card! As if that isn't enough, this class also focuses heavily on educating the children on valuing their collection, maintaining the condition, in addition to monitoring trades. From trades to giveaways to battles, this class has something for everyone with an interest in Pokémon! Students do not need to have their own cards, but they are welcome to bring them if they would like!

Dates: February 18 - February 21 (Tuesday - Friday, 4 Days)

Time: 9:00AM - 12:00PM

Location: Winchester Recreation

Fee: \$250

Instructor: SportsZone 101

Min 8/Max 20



## FEBRUARY LUNCH BREAK (Grades 3-5)

For those kids who are participating in one of our morning programs and then attending CinemaKitchen. The hour will consist of pizza (or a lunch brought from home), fruit, snacks and an opportunity to just chill out and play.

Dates: February Vacation: February 18 - February 21 (Tuesday - Friday, 4 Days)

Time: 12:00PM - 1:00PM

Fee: \$10 per day or \$35 for all 4 days

Location: Winchester Recreation

Instructor: Mitch Ulacco

Min 2/Max 20



# VACATION PROGRAMS

## FEBRUARY CINEMAKITCHEN WITH CINEMAKIDZ (Grades 3-5)

Come play with your food at the CinemaKidz cooking show. Kids design the look and feel of the show, make an apron for the series, create cooking teams, and work in the test kitchen experimenting with various recipes to feature in each episode: from yummy favorites like vegetarian sushi and dumplings, to making homemade pastas, molecular gastronomy and food art! Participants will cook, act, direct, film, and edit several episodes in this hands-on engaging camp, and finish the course with several episodes made and an original kid-made show!

Date: February 18 - February 21 (Tuesday - Friday, 4 Days)

Time: 1:00PM - 4:00PM

Location: Winchester Recreation

Fee: \$375 per person

Min 3/Max 20



## FEBRUARY/APRIL WRAP VACATION CLUB (K – Grade 2 ONLY!)

Join us for this special vacation club for children in Kindergarten – Grade 2! Join Director our WRAP staff for fun and games, arts/crafts, and special projects. Includes special themes and performers. Participants are responsible for bringing lunch, drink and snacks - PLEASE NO PEANUT OR NUT PRODUCTS. Those currently enrolled in our Winchester Recreation After School Program (WRAP) do not need to fill out the April Vacation Parent Registration Forms, however **new participants must complete the Vacation Club Parent Registration Forms (see form link located in online registration) 1 week before the start of the program.**

Dates:

**February Vacation:** February 18 - February 21 (Tuesday - Friday, 4 Days)

**April Vacation:** April 22- April 25 (Tuesday - Friday, 4 Days)

Time: 8:00AM - 4:00PM

Location: Winchester Recreation

PRICING OPTIONS:

\$100 per day or register for all 4 days for \$385.

Min 8 /Max 24

## FEBRUARY/APRIL VACATION ART STUDIO WORKSHOP

In this workshop, students will create animals and hand puppets while exploring drawing, painting, and sculpting through structured exercises and demonstrations. Our carefully crafted projects will encourage your child to experiment with a variety of materials and techniques—empowering them to discover their own artistic voice. In addition to the art projects, kids will enjoy fun indoor games during short breaks to keep them energized and engaged. Please bring a nut-free snack and a water bottle each day to ensure an enjoyable experience. On the last day at 12:00 pm, we'll host an exciting Art and Puppet Show where your child's hard work and creativity will shine! Family and friends are warmly invited to celebrate this wonderful showcase of artistic talent.

Dates:

**February Vacation:** February 18 - February 21 (Tuesday - Friday, 4 Days)

**April Vacation:** April 22- April 25 (Tuesday - Friday, 4 Days)

Time: 9:00AM - 1:00PM

Location: Winchester Recreation

Fee: \$350

Instructor: Seda Matevosian

Min 6 /Max 10

# ADULT PROGRAMS

## YOGA + MINDFULNESS for STRESS RELIEF (18+)

Increase your strength, balance and flexibility with mindful movements. Calm your mind and soothe your nervous system with simple and effective breathing and meditation techniques. These welcoming classes are designed to guide beginners as well as experienced yogis looking to return to the heart of their practice. Bring your yoga mat and any props that support your practice. (8 weeks)

Dates: Wednesdays, January 22 - March 26 (Off 2/12 & 2/19)

Time: 6:00PM - 7:00PM

Location: Winchester Recreation Gym

Fee: \$100.00

Drop in Fee: \$25

Instructor: Linda Devinentis

Min 5/Max 10

## WINCAM- PODCASTING (18+)

Do you want to have your own podcast but don't know where to start? Join WinCAM's instructors for a four-session course to learn how to create your own. We'll explore topics like storytelling and creating engaging audio content before jumping into recording and sound mixing. Participants will work in groups to create the first episode of a podcast. The price includes a year membership to WinCAM and access to our equipment, facilities and training. We encourage you to come back to WinCAM's facilities throughout the year to record additional podcast episodes. For more information on the course, get in touch with us at [maever@wincam.org](mailto:maever@wincam.org). (3 weeks)

Date: Tuesdays, February 4 - March 4 (Off 2/18)

Time: 5:30PM - 7:00PM

Location: WinCam

Fee: \$250.00

Instructor: Maeve Rondeau

Min 1/Max 4



## ZUMBA (18+)

Looking to change up your workout? Zumba is an easy to follow, calorie burning, dance fitness party. It combines Latin and international music with a fun and effective workout. Feel the music and let loose! Beginners welcome, no experience required. (11 weeks)

Date: Fridays January 10 - April 11  
(Off 1/31, 2/14, 2/21)

Time: 9:00AM - 10:00AM

Location: Winchester Recreation Gym

Fee: \$200.00

\$20.00 (One class trial - limit 1 per person)

Instructor: Laura Gordon

Min 4/Max 20

## PICKLEBALL 101 (18+)

Come join others to play Pickleball, the fastest-growing sport in the U.S.A. It is fun, social, and friendly. The basic rules are fairly simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced competitive game for all. In this program learn all about the game: court layout, basic rules, shots, positioning and game structure. Paddles and balls will be provided. TENNIS sneakers should be worn. Bring water. (3 weeks)

Session I: Tues. January 14 - January 28

Session II: Tues. February 4 - February 25 (Off 2/18)

Time: 6:00PM - 7:15PM

Fee: \$75.00

Location: Winchester Recreation Gym



# ADULT PROGRAMS

## STEEL DRUM ENSEMBLE (18+)

Be a founding member of the Winchester Steel Drum Ensemble! This new ensemble class is a collaboration between Winchester Community Music School and Winchester Recreation Dept. It is an intergenerational offering for ages 12 to adult, open to all and requiring no previous musical experience.

We'll learn traditional Caribbean and popular songs while also learning about the music and history of the island of Trinidad, the birthplace of the steel drum (also known as steel pan). Everyone will get to try the different types of steel drums in the ensemble.

Our ensemble will perform at local community spring and summer events such as Music MAYnia, Winchester Town Day, and Porchfest. Enrollment is limited to just 6 participants unless you can provide your own steel drum to bring to the class. (15 weeks plus performances in May and June)

Instructor: Debra Sarjeant Smith, assisted by Sara McCabe

Meeting Time: Wednesdays, 6:30-8:30 PM

Start Date: February 5 - May 28 (Off 2/19 & 4/23) (Plus performances in May and June)

Tuition: \$750.00

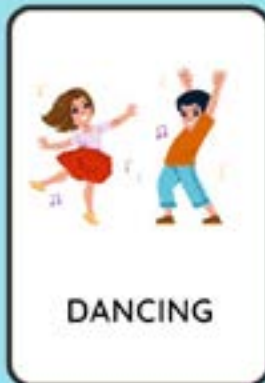
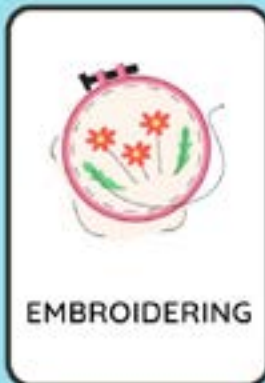
Location: Winchester Recreation

Min 4/Max 6



HAVE A SKILL THAT YOU LOVE?

## COME TEACH AT THE REC!!!!



CONTACT CHRIS ELLISON AT [CELLISON@WINCHESTER.US](mailto:CELLISON@WINCHESTER.US) FOR MORE INFO.

# KID CONNECTION PRESCHOOL (Ages 2.9 - 5)

PRIORITY REGISTRATION by 1/9/25: Contact Sonja Ferraguto, Preschool Director

NEW STUDENT REGISTRATION 1/10/25-1/31/25: Contact Sonja Ferraguto at [sferraguto@winchester.us](mailto:sferraguto@winchester.us)

## OPEN HOUSE JANUARY 9, 2025 6:30PM

Learning is fun at Kid Connection, a community-based preschool operated by the Winchester Recreation Department. Our focus is on developing the “whole child” supporting social/emotional growth and pre-academic skills. We have been serving the Winchester community for over 30 years, and pride ourselves on the longevity of our dedicated teachers and our low teacher to child ratio. Our theme-based curriculum combines learning through play with teacher directed activities in a nurturing environment. Enrichment opportunities throughout the year include music, gymnastics, local field trips, and more. We have large, bright classrooms and an expansive outdoor play area and sport court. We respect each parent as their child’s first educator and work together to create a strong home/school connection. Kid Connection is a school year program that follows the Winchester Public School calendar and is licensed by The Department of Early Education and Care (EEC).

### CORE PRESCHOOL PROGRAMS

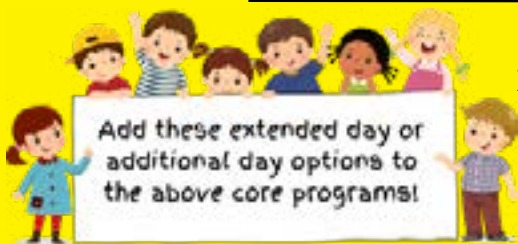
**Stepping Stones** - Age 2.9 by 9/1 3 Days: Tues-Thurs: 9:00am-12:00pm Tuition: \$4,625/year

**Alphabet Soup** - Age 3.5 by 9/1 3 Days: Tues-Thurs: 9:00am-12:00pm Tuition: \$4,565

**Little Rascals** - Age 3.10 by 9/1 4 Days: Mon – Thurs, 9:00am-12:15pm Tuition: \$5,515/year

**Building Blocks** - Age 4.3 by 9/1 5 Days: Mon – Fri, 9:00am-12:30pm Tuition: \$6,665/year

**Building Blocks Extended Day** - Age 4.3 by 9/1 5 Days: Mon – Fri, 9:00am-2:00pm Tuition: \$9,535/year



### PRESCHOOL ADD-ONS

#### Stay and Play

offered daily until 2pm

\$120/month for 1 Day

\$220/month for 2 Days

\$325/month for 3 Days

\$420/month for 4 Days

\$490/month for 5 Days

\*Single days/drop-ins are available at a fee of

\$37/day if enrollment is not full.

#### Discovery Days

offered Mondays and/or Fridays

9am-12pm

Tuition \$1,435/year per day

SEE NEXT PAGE FOR DESCRIPTIONS AND PRICING. MORE DETAILS AT [WINREC.COM](http://WINREC.COM)

### Check out fun things that we do throughout the year!!

#### Monthly Enrichment

- Kidstock Artist in Residence
- Gymnastics with Ms. Jen
- Music with Mr. Andrew

#### Field Trips

- Wright-Locke Farm (WLF)
- Stone Zoo
- Kidstock
- Behind the Scenes @ En Ka Fair

#### Family Activities

- October Cider Social
- Thanksgiving Feast
- Winter Holiday Performance
- Zoolights
- Art Night
- Monthly family projects
- Mother's/Father's Day
- Family Fun Night

#### Curriculum Enrichment

- Curious Creatures
- WLF educator visits
- Theatre troupe performances (Kidstock, Tufts Traveling Trunk Show)
- Author visits
- Cooking Class (Building Blocks)

#### Community Enrichment

- Participate in En Ka parade
- Pridefest
- Local food drives



# KID CONNECTION PRESCHOOL (continued)

**STEPPING STONES - Age 2.9 by Sept. 1** Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Stepping Stones offers a hands-on preschool experience that fosters independence, social/emotional skills, and self-help abilities through play.

Tuition: \$4,625/year or \$462.50/month Max class size 16/3 teachers

**ALPHABET SOUP - Age 3.5 by Sept. 1** Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Alphabet Soup provides a structured preschool experience for younger 3's. The themed curriculum emphasizes learning through play, creativity, art exploration, and developing fine motor skills with writing and manipulatives.

Tuition: \$4,565/year or \$456.50/month Max class size 18/3 teachers

**LITTLE RASCALS - Age 3.10 by Sept. 1** Days: Monday – Thursday, 9:00am-12:15pm

Little Rascals extends learning opportunities for older 3's/younger 4's. Pre-academic concepts are taught with a focus on play-based learning, cooperation, and community, preparing each child for Building Blocks class or Kindergarten.

Tuition: \$5,515/year or \$551.50/ month Max class size 18/3 teachers

**BUILDING BLOCKS - Age 4.3 by Sept. 1** Days: Monday – Friday, 9:00am-12:30pm

Building Blocks is a Pre-K class which combines teacher led activities and student explorations with emphasis on early math and literacy skills, responsibility and cooperation, self-help skills, and growing independence.

Tuition: \$6,665/year or \$666.50/month Max class size 18/3 teachers

**BUILDING BLOCKS - Extended Day** Days: Monday – Friday, 9:00am-2:00pm

The full day option extends the Building Blocks Day, providing more time for additional exploration of the daily curriculum. The full day is also beneficial for those students needing an additional year of preschool before Kindergarten.

Tuition: \$9,535 or \$953.50 per month Max class size 18/3 teachers

**DISCOVERY DAYS: Monday 9:00-12:00 & Friday: 9:00am-12:00pm**

If you prefer a full week schedule for your younger preschooler, you can add one or two Discovery Days to complete their week. Tuition: \$1435/year or \$143.50/month per day

## STAY AND PLAY:

### Choose your days/pricing below:

Our extended day program is offered Monday through Friday until 2:00pm. Your child will have lunch (provided from home), and additional time for activities. You may register for 1-5 days on days when your child normally attends. We require a minimum of 3 children enrolled to hold this program on any day, and children must be potty trained to attend.

Monthly cost for extended day options:

\$120/month for 1 Day \$220/month for 2 Days \$325/month for 3 Days \$420/month for 4 Days \$490/month for 5 Days

\*Single days/drop-ins are available at a fee of \$37/day if space allows. Contact Sonja in advance.

## REGISTRATION FEES AND INFORMATION:

Registration fees: a non-refundable fee of \$50 is due upon registration, and is payable via cash, check, or credit card.

Deposit: A non-refundable deposit in the amount of one month's tuition is due to secure your child's spot for the 2025/26 school year. This deposit covers the tuition for September.

Due date: February 7, 2025 for newly enrolled students, including siblings of current students. June 1, 2025 for all currently enrolled students continuing in the program

**MONTHLY BILLING:** Yearly tuition is divided into ten equal payments paid one month in advance. The monthly billing cycle will begin September 1st, to cover the following month's tuition, with the final monthly payment due May 1st.

Financial applications are available upon request.

Enrollment forms will be distributed in May, including a payment authorization form to be used for automatic payments.

**Contact Sonja Ferraguto, Preschool Director for tours and more information**

**(781) 759-9743 sferraguto@winchester.us**

# WINCHESTER RECREATION AFTER SCHOOL PROGRAM (WRAP) (Gr. K-6)



**PRIORITY REGISTRATION:** Jan 6-Jan 23 at 10AM (offered only for families currently enrolled in WRAP childcare)  
**NEW STUDENT LOTTERY REGISTRATION:** Register online before January 30, 2024 at 10AM

The Winchester Recreation Department offers an EEC licensed after school childcare program for children entering K – 6 at our WRAP program, centrally located in the Recreation Department Mystic Building at 263 Main Street.

The WRAP program is licensed by the Department of Early Education and Care and follows the Winchester Public School Calendar. Care is provided on all early release days, as those costs are built into the monthly fees. When schools are closed for vacations, holidays, professional development days or snow days, the programs are generally closed, however there are times where we may offer additional registration options, subject to additional fees (ie: Vacation Programs, No School Days/Teacher Professional Development Days).

Each WRAP classroom is specifically designed and outfitted with age-specific equipment and materials for a developmentally friendly space for each grade. The WRAP program has use of the gym, a newly renovated sport court, 2 age specific playgrounds and opportunities for children to enroll in a wide variety of enrichment programs offered at the Rec. Department during their afterschool care. Enrichment offerings are registration based and have included programs such as art, martial arts, cooking, language learning, STEM based programs, sports and fitness, and gymnastics. WRAP also provides additional enrichment opportunities throughout the week in their daily structure, activity-based clubs, homework time, opportunities for free and structured play, choice-based activities, early release day field trips, performers, and special events.

### REGISTRATION INFORMATION:

**Current families** - register online from 1/6/25-1/23/25 and pay a non-refundable \$50 registration fee (details via email).

**New students** - register for the lottery (no charge) **from 1/16/25-1/30/25 @ 10am**. See more details at [winrec.com](http://winrec.com) or by [clicking here](#).

An enrollment packet will be sent to all registrants in May and must be completed to finalize enrollment. Tuition is divided into 10 equal payments. A nonrefundable first month tuition payment will be charged on June 1. The remaining tuition payments will be charged on the first of each month starting in September and will cover the following month's tuition. Monthly payments end on May 1, which covers June enrollment.

**REGISTRATION OPTIONS:** 5 Day, 4 Day, 3 Day, 2 Day options available

PRICING/FEE STRUCTURE	
5 days/wk	\$570/month
4 days/wk	\$510/month
3 days/wk	\$410/month
2 days/wk	\$285/month

Register early to ensure your child's spot. Transportation to WRAP is available through Winchester Public Schools. Please see the school transportation information on the Winchester School website for information.

**WITHDRAWAL POLICY:** When registering, you are committing for the entire school year. Families looking to withdraw are required to give ONE MONTH (30 days) advanced notice if you plan on dropping your child out of the after school program. **No exceptions.**

### Check out fun things that we do throughout the year!!

#### Curriculum Enrichment

- Puppeteers
- Magicians
- Jugglers

#### Community Enrichment

- Local food drives
- Holiday cards for the Jenks
- Stop & Shop bulletin board

#### Field Trips

- Apple/pumpkin picking
- Mini golf
- Zoo

#### Weekly activities

- Sports (basketball, hockey, gym)
- Games (board games, cards)
- Arts & crafts (painting, drawing)
- Science
- Creative play (legos, dolls, charades)
- Cooking & baking
- Gardening
- Outdoor fun (ga-ga, playground)

Contact Carol McCollem, WRAP Director at [cmcollem@winchester.us](mailto:cmcollem@winchester.us) for tours and more information.

781.721.7125

[WWW.WINREC.COM](http://WWW.WINREC.COM)

**HOT PROGRAM - fills quickly**

# PRE-K PROGRAMS

## TODDLER TUMBLERS (1.5-3yrs w/caregiver)

Join us this fall with your tiny tumbler! This class is the perfect combination of fun and learning. Miss Jenn brings oodles of energy to keep kids moving in her preschool gymnastics class. Each week will have a different theme, children will do rolls, walk across the beam, swing like monkeys and jump like frogs on the vault. Parachute bubbles and stamps round out this magical class. Child must be proficiently walking and children should wear comfortable clothing and bare feet. (11 weeks)

Date: Tues. Jan. 14 - April 15 (Off 1/28, 2/18, 3/4)

Time: 8:45AM - 9:25AM

Location: Winchester Recreation Gym

Fee: \$170.00

Instructor: Jennifer McGrath

Min 6/Max 15

## PRE-K GYMNASTICS (Ages 3-5)

This is an all by myself class! Children will gain independence while learning basic gymnastics skills in a fun easy setting. They will start bridges, forward and backward rolls, cartwheels, handstands and so much more, using bars beam and vault. This is a fun filled class complete with parachute, stamps and smiles. (11 weeks)

Date: Tues. Jan. 14 - April 15 (Off 1/28, 2/18, 3/4)

Time: 9:30AM - 10:10AM

Location: Winchester Recreation Gym

Fee: \$170.00

Instructor: Jennifer McGrath

Min 6/Max 15



## FUN-DERLAND (Ages 2 - 4 w/caregiver)

Join Winchester Recreation and Mrs. McCollem for this fun and exciting program. This program will incorporate a number of your favorite pre-school games, sports and activities that will keep your child moving and socializing with others! (6 week session).

**Session I:** Thursdays, January 9 - February 13

Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym

**Session II:** Thursdays February 27 - April 3

Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym

Fee: \$100.00

Instructor: Carol McCollem

Min 6/Max 12

## BABES IN ARTLAND (Ages 2 - 4 w/caregiver)

This program encourages parents and children to interact in a creative and challenging environment. Children explore with paint, glue, and other craft materials. Parents and children will have loads of fun when they team up and create all sorts of crafts with Mrs. McCollem. (6 sessions)

**Session I:** Fridays January 10 - February 14

Time: 10:00AM - 10:45AM

Location: Winchester Recreation

**Session II:** Fridays February 28 - April 4

Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym

Fee: \$100.00

Instructor: Carol McCollem

Min 6/Max 12



# PRE-K PROGRAMS

## READ ALOUD TUESDAYS WITH MS. P!

**(AGES 1.5-5yrs w/caregiver)**

These sessions incorporate and promote literacy to inspire artwork. The children will listen to a story where the book will correlate, connect, and inspire their artwork. They will explore the book through art and art through the book. Let's get creative thru art expression and practice our literacy and listening skills.

(4 Weeks)

**Session I:** Tuesdays, January 21- February 11

Ages 1.5-2.11 Time: 9:45AM - 10:15AM

Ages 3-5 Time: 10:30AM - 11:00AM

**Session II:** Tuesdays, March 11- April 1

Ages 1.5-2.11 Time: 9:45AM - 10:15AM

Ages 3-5 Time: 10:30AM - 11:00AM

Location: Winchester Recreation

Fee: \$50.00

Instructor: Lisa Paganis

Min 4/Max 10



## YOUNG YOGIS WITH MS. P! (AGES 3-5yrs w/caregiver)

Young Yogis will get your youngsters interested in yoga and movement. Yoga is calming, stimulates a fully functioning brain, increases concentration, teaches mindfulness and movement.

(4 Weeks)

**Session I:** Wednesdays January 22 - February 12

Time: 10:00AM - 10:45AM

**Session II:** Wednesdays March 12 - April 2

Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym

Fee: \$50.00

Instructor: Lisa Paganis

Min 4/Max 10



All Winchester Recreation Programs are



Like  
"Winchester  
Recreation"  
on Facebook

# RECREATION T-BALL

## WINCHESTER RECREATION T-BALL LEAGUE (Ages 4-6\*)

This program is for boys and girls ages 4 - 6. Children are placed on teams according to age and will receive a Winchester Recreation jersey and MLB replica hat. Practices start mid/late April (based on field conditions) with game play starting after each team has practiced for 2 weeks. Games/practices will be played 1x per week (Mon, Tues, Wed or Thurs) please note make-ups could be scheduled on Fridays). The Rookie Division will practice/play typically on Mondays, Tuesdays, and Wednesdays. The Veterans Division (Age 6) will play mainly on Thursdays. Team schedules will be set two weeks prior to the start of the season. Please note days may vary each week, depending upon each teams schedule. 9 weeks, weather permitting, Please no coaching/player requests.

### PROGRAM INFORMATION:

Dates: Season will begin the week of April 7th and run until June 18th (weather permitting)

Time: Rookie 5:30PM - 6:30PM

Veterans 5:30PM - 6:45PM

Location: Practice location will be determined when schedules are released prior to season start date.

Fee: \$125.00

**Rookie Division: \*Age 4 & 5** \*for players that are 4 years of age as of May 1, 2025 and no older than 5 on May 1, 2025

- Players will hit off a batting tee for the entire season
- Players will bat every inning
- Games will last 3 innings or for 60 minutes, whichever comes first
- Every player plays the field every inning
- There will be no walks or strikeouts and score will not be kept



**Veterans Division: \*Ages 6** \*for players that are 6 yrs of age as of May 1, 2025

- Players will hit off batting tee for the first half of the season and coaches will pitch remainder of season
- Each player will be allowed 3 swings and misses before a batting tee will be placed to hit, no strikeouts
- Games will be 3 innings or for 75 minutes, whichever comes first
- Every player plays the field every inning
- There will be no walks or strikeouts and score will not be kept

Coaches will send schedules prior to the start of the season and will be posted on winrec.com. Please note we cannot guarantee a specific day for practices/games. Schedules will be based upon field availability.

What to bring?


- Glove
- Bat (if you have one)
- Batter's Helmut (if you have one)
- Sneakers or cleats
- Water

### T-BALL COACHES NEEDED-

**If you are interested in volunteering as a coach for either program this season please contact [cellison@winchester.us](mailto:cellison@winchester.us) or select "yes" when asked during registration. Please add coaches name and email at registration.**

# AFTER SCHOOL SPORTS PROGRAMS

## KENPO KIDS KARATE (Gr. K-5)

A program for children with or without martial arts experience. Classes are held in a safe, respectful and inclusive environment that will help develop greater social skills and nurture student's mental and emotional growth. 

Lessons focus on confidence building, goal setting and bully awareness. Students will also be presented with age and rank appropriate strikes, kicks, blocks and self-defense techniques. The self-defense techniques include using verbal skills to defuse and de-escalate situations. All students will be instructed in a pre-arranged pattern of movements called a "Form" that coincide with their current rank.

All classes are instructed by 7th Degree Black Belt, Shihan Brian Sweetser owner of Bay State Martial Arts in Woburn. Shihan Sweetser has over 30 years of experience in the martial arts and 27 years of instructing children and adults of all ages, abilities and fitness levels. (12 weeks)

Date: Mondays, January 13 - April 14  
(Off 1/20 & 2/17)

Time: 3:15PM - 4:00PM  
4:00PM - 4:45PM

Fee: \$180.00

Location: Winchester Recreation Gym


Instructor: Brian Sweetser

Min 8/Max 25

**Bay State Martial Arts uniforms are required and are available only through the instructor for an additional cost.**



## FUN GYMNASTICS (Grades K - 5)

Get ready to have some fun!!! Parachute, stretching, splits, "Simon Says", jumps, bridges, rolls cartwheels, handstands, walkovers, jumping, running, swinging on the bars, balance beam and learning how to vault. All of this in a no pressure atmosphere! This class has it all. Come join us for some afterschool FUN !! Wear comfortable clothes, no shoes, long hair must be tied back. (11 weeks) 

### GRADES K-2

Date: Tues. Jan. 14 - April 15 (Off 1/28, 2/18, 3/4)

Time: 3:00PM - 3:45PM

Location: Winchester Recreation Gym

Fee: \$170.00

Instructor: Jennifer McGrath

Min 6/Max 20

### GRADES 3-5

Date: Tues. Jan. 14 - April 15 (Off 1/28, 2/18, 3/4)

Time: 4:00PM - 4:45PM

Location: Winchester Recreation Gym

Fee: \$170.00

Instructor: Jennifer McGrath

Min 6/Max 15

## GOOD SPORTS LINCOLN (Grades K - 5)



Sports, sports, and more sports! Discover a new sport, develop new friends, and seek new challenges. Kids will have fun learning about sportsmanship, team play, exercise, and skill development. Games may include, but are not limited to basketball, floor hockey, soccer, dodgeball and more. Children are also encouraged to develop their own games. Grab your friends and sign up - spots will fill quickly! (6 weeks)

Dates:

**Grades K-2** Mondays, January 6 - February 24 (No class 1/20 & 2/17)

**Grades 3-5** Fridays, January 10 - February 14

Time: 2:20PM - 3:30PM

Location: Lincoln Elementary Gym

Fee: \$120.00

Instructor: Michael Toomey

Min 8/Max 20

# AFTER SCHOOL SPORTS PROGRAMS

## ULTIMATE SPORTS (Grades K - 5)



Looking to burn some energy after the school day? Join us for Ultimate Sports! The focus will be on fair play, learning how to win and lose respectfully and of course teaching good sportsmanship. This program is not limited to traditional sports, playing a variety of games such as dodgeball, gaga ball, wiffleball, kickball, basketball, hockey, handball, and many classic PE games. (6 weeks)

Date: Thursdays, March 27 - May 8 (Off 4/24)

Times: 3:00PM - 4:00PM (K-2)

5:00PM - 6:00PM (3-5)

Location: Winchester Recreation Gym

Fee: \$120.00

Instructor: Mitch Ulacco

Min 6/Max 25

## YOUTH VOLLEYBALL SKILLS (Grades 3 - 5)

Join WHS Volleyball alumni and Recreation Supervisor Mitchel Ulacco to learn the basics of volleyball through a variety of age appropriate exercises, drills, and games. Players will learn to bump, set, and serve as well as basic footwork. This sport teaches participants about teamwork and helps establish socialization with peers. (6 Weeks)

Date: Thursdays, Feb. 6 - March 20 (Off 2/20)

Time: 3:00PM - 4:00PM

5:00PM - 6:00PM

Location: Winchester Recreation Gym

Fee: \$120.00

Instructor: Mitch Ulacco

Min 4/Max 12



# AFTER SCHOOL ENRICHMENT PROGRAMS

## AFTER SCHOOL LANGUAGE CLUB: SPANISH (Grades K - 5)

HOLA! Learn Spanish in a fun and engaging atmosphere! This program is designed for children to learn another language in the same way they learn to speak in their native tongue; by listening, repeating, and speaking. Native teachers allow students the opportunity to learn authentic pronunciation and gain a broader perspective in cultural awareness. The class follows the VMM approach (visuals, manipulatives, and motion) through music, games, role-play, art projects, holidays and cultural activities, practice with Student Portfolio, and much more. This program is suitable for those with little to no experience as well as students with previous experience. (9 weeks)

Dates: Tuesdays, January 7 - March 18 (Off 2/18 & 3/4)

Time: 4:00PM - 5:00PM (Grades K-2)

5:00PM - 6:00PM (Grades 3-5)

Fee: \$170.00

Location: Winchester Recreation

Instructor - Global Child

Min 6/Max 10



## CHESS WIZARDS (Grades 1 - 5)

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards Children will learn important life concepts, such as the ability to win graciously, accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of the session, each student will participate in a mini chess tournament. (10 weeks)

Dates: Fridays, January 17 - March 28  
(Off 2/21)

Time: 3:30PM - 4:30PM

4:30PM - 5:30PM

Fee: \$270.00

Location: Winchester Recreation

Instructor: Chess Wizards

Min 8/Max 10



# AFTER SCHOOL ENRICHMENT PROGRAMS



## SHARK TANK JR. (Grades 2-5)

Step into the Shark Tank!

Got an idea for a side-less taco, a shirt that never stains or a no-spill baby bottle? Then it's time to put on your inventor's hat and design the business of your dreams! Right Brain Curriculum teachers will get you up to speed on business plans, competition, budgets, and presentation skills. You will bring your one-of-a-kind idea to life. Design a flagship store, write and perform in a TV commercial and create a prototype of a product that will change the lives of millions. Armed with an "elevator pitch" you present your business, persuading the audience to get behind your big idea! Get those wheels turning, it's time to take care of business! (8 weeks)

[Click here](#) to see the program in action!

Date: Mondays, January 27 - March 24  
(Off 2/17)

Time: 4:00PM - 5:00PM

Location: Winchester Recreation

Fee: \$180

Instructor: Right Brain Curriculum

Min 8/Max 14

## DRAMA CLUB WITH KIDSTOCK! (Grades K - 5)

In Kidstock! Drama Club, participants explore the foundational elements of theater, empowering students to become the center of their own story and fostering teamwork, expression, positive conflict resolution, strong interpersonal skills...and so much more! (6 Weeks)

SESSION I: Fridays, January 10 - February 14

SESSION II: Fridays, February 28 - April 4

Time: 3:00PM - 4:00PM Grades K-2

4:15PM - 5:15PM Grades 3-5

Fee: \$135.00

Location: Winchester Recreation Gym

Instructor: Kidstock!

Min 8/Max 16

781.721.7125

## LEGO CHALLENGES

(Grades 2 - 5)

Love building with Legos? Each week participants will be challenged to create a sensational Lego scene. Each challenge is a mystery that your teacher will reveal – A helicopter rescue scene? A space shuttle launch site? Lego Godzilla attacking a city? Participants will have limited time to create the scene and present it to the class. Presentation skills will be key as participants try to persuade classmates that their Lego creation is #1. Right Brain Curriculum Instructors will help participants use persuasive language, eye contact and proper posture for their presentations. Legos and public speaking, now that's a match! (8 weeks)

Dates: Mondays, January 27 - March 24 (Off 2/17)

Time: 5:00PM - 6:00PM

Fee: \$180.00

Location: Winchester Recreation

Instructor - Right Brain Curriculum

Min 8/Max 14

## ART STUDIO (Grades 1 - 6)

In our engaging art classes, kids will explore the essential techniques of drawing, painting, and sculpting through carefully structured exercises and demonstrations. This session's theme, the human body, will be revisited throughout to reinforce key concepts, as we believe repetition is the key to mastering new skills.

Children will learn to draw, sculpt, and paint the human form in various dynamic poses, building a deep understanding of proportions and movement. They'll also create colorful collages using broken ceramics and colored papers, fostering their personal creativity in a fun, supportive atmosphere. (6 weeks)

Date: Wednesdays January 8 - February 12

Time: 3:15PM - 4:30PM

4:45PM - 6:00PM

Fee: \$300.00

Location: Winchester Recreation

Instructor: Seda Matevosian

Min 6/Max 10



HOT PROGRAM - fills quickly



# AFTER SCHOOL ENRICHMENT PROGRAMS

## KIDS' TEST KITCHEN (Grades K-5)

On a mission to get eaters of all ages and abilities, cooking, tasting, and thinking about healthy ingredients! We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient; or a sample of the finished dish so they can show off what they learned! Even the most reluctant eaters enjoy Kids' Test Kitchen, where participation is encouraged, and the choice to taste is always one's own. Lessons are planned to celebrate seasonal produce, whole grains, and legumes. Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. **\*Please clearly disclose all food allergies and/or dietary restrictions upon registration.** (6 weeks)

Dates: Thursdays, January 9 - February 13

Time: 3:30PM - 4:30PM

4:45PM - 5:45PM

Fee: \$235.00

Location: Winchester Recreation

Instructor: Kids Test Kitchen

Min 6/Max 10



## 3D PRINTING - BlocksCAD (Grades 2 - 5)

MATH - CODING - 3D DESIGN

BlocksCAD is a web-based tool used to teach 3D modeling through block-based coding. Students learn coding basics to create digital files and turn them into a tangible object that they get to take home like robot, fidget toy and keychain! The class covers programming concepts including loops and sequences.

Equipment needed: Students need a laptop or Chromebook for classes (no iPads please) loaded with Google Chrome, Safari or Mozilla Firefox. The instructor will have 2-3 spare devices available if needed.

Each student will receive one complimentary 3D print of their choosing after class concludes. BlocksCAD will print the selected design for eventual pick-up at Winchester Recreation. (8 weeks)

Dates: Mondays, February 3 - March 31 (Off 2/17)

Time: 3:45PM - 4:45PM

Fee: \$245.00

Location: Winchester Recreation

Instructor: BlocksCAD

Min 4/Max 12

# MIDDLE SCHOOL/TEEN PROGRAMS

## WINCAM - Production Crew Fundamentals (Grades 8-12)

Interested in tv production and want a behind the scenes look at how the magic is made? This 3-session class will familiarize students with camera techniques, studio production, basic video editing, and more. Then put these skills to the test, working on a crew for one of WinCAM's productions! The price includes a year membership to WinCAM and access to our equipment, facilities and training. For more information, get in touch with [maever@wincam.org](mailto:maever@wincam.org).

**Dates:** Tuesday, January 7 & Wednesday, January 8 (plus onsite video day at Winchester event of choice)  
**Time:** 3:30PM - 5:00PM  
**Location:** WinCam  
**Fee:** \$45.00  
**Instructor:** Maeve Rondeau  
**Min 1/Max 4**



## WINCAM - Comic Book Design (Grades 8-12)

Join WinCAM's instructors for a three-session course on comic book design and character creation. You'll learn the fundamentals of Adobe Photoshop and create a unique original character. By the end of the class, students will bring home their completed comic strip! The price includes a year membership to WinCAM and access to our equipment, facilities and training. For more information on the course, get in touch with us at [maever@wincam.org](mailto:maever@wincam.org). (4 weeks)

**Dates:** Monday, March 10 - March 31  
**Time:** 3:30PM - 5:00PM  
**Location:** WinCam  
**Fee:** \$250.00  
**Instructor:** Maeve Rondeau  
**Min 1/Max 3**



## WINTER HIKING & SNOWSHOEING (Grades 6-8)

Winter hiking is a great way to get outdoors and enjoy the views offered by a leafless landscape, the crispness of the air, the way the forest sounds, and warming up on a cold day. Engage your curiosity, seek out adventure, build camaraderie, and increase your stamina on hikes of varying distances and challenges. Gain winter hiking confidence as you learn how to use micro-spikes on ice, snowshoes on fresh powder, and headlamps when our hikes continue past sunset. Children will be bused to/from the Middlesex Fells Reservation for hikes led by Dave Fatula, an experienced guide. (6 weeks)

**Dates:** Mondays, January 27 - March 10 (off 2/17)  
**Time:** 3:30PM-6:00PM  
**Fee:** \$325  
**Location:** McCall Middle School  
**Instructor:** Lead by Dave Fatula, owner/lead guide  
Guineafowl Adventure Company  
**Min 6/Max 10**



**BRAND NEW**

## EARLY RELEASE DAY ACTIVITIES JANUARY 21<sup>ST</sup>

### IN THE GAME (Grades 6-8)

Join us on a trip to In The Game, Peabody, MA where your child will enjoy pizza, games and attractions. Fee includes bus, pizza/drink, 80 play credits, 1 attraction, 1 premium attraction, 60 minutes of unlimited games.  
**Date:** Tuesday, January 21st. Bus departs Winchester Recreation at 12:30pm and returns by 4:00pm  
**Fee** \$65  
**Min**20/**Max** 40

# YOUTH COMPUTER PROGRAMMING

## PROGRAMMING WITH PYTHON Level 2: (Grades 5 -8 )

Programming with Python Level 2 will continue where the Introduction to Computer Programming Python Class left off. Initially we will do a review of what was covered last year. After that we will continue to introduce new concepts such as dictionaries, for loops, ranges, sorting, and reading/writing files. We will make heavier use of functions and will introduce some basic object-oriented programming concepts. Some of the projects we are going to program include Snake, Xs and Os, Memory Game and Minecraft Maze Game. (15 weeks)

For more information, please contact [classes@blackrock-networks.com](mailto:classes@blackrock-networks.com)

Grades 5-8

Date: Wednesdays, February 5 - May 28 (Off 2/19, 4/23)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: McCall Middle School

Grades 5-8

Date: Thursdays, February 6 - June 5 (Off 2/20, 3/20, 4/24)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: McCall Middle School

Instructor: Blackrock Networks, INC

Min 4/Max 10

## PROGRAMMING WITH PYTHON Level 4: (Grades 5-9)

This class continues where Programming with Python Level 3 left off. We will begin learning how to use Python to write basic web applications on the internet. Students will get an overview of how internet websites work, and we will cover some details about HyperText Markup Language (HTML). Students will write Python programs to generate HTML, and then view it in their web browser. Students will learn about web forms and different kinds of input controls that can be used. They will write their own web forms and Python programs to process the form data. Students will learn about web servers and execute their web applications using a web server hosted on their own Raspberry Pi. We will also cover some unix terminal commands and basic file permissions operations. (15 weeks)

**\*Students must have completed Python Level 3 to enroll in this class.**

Date: Thursdays, February 6 - June 5 (Off 2/20, 3/20, 4/24)

Time: 5:35PM - 6:35PM

Fee: \$515.00

Location: McCall Middle School

Instructor: Blackrock Networks, INC

Min 4/Max 10

## PROGRAMMING WITH JAVA

### Level 2: (Grades 7-10)

This class continues where Programming with Java Level 1 left off. We will continue covering more advanced topics in Java including sorting algorithms, writing files and implementing plugins that can be used in Minecraft. (15 weeks)

**\*Students must have completed Java Level 1 to enroll in this class.**

Date: Fridays, February 7 - May 30 (Off 2/21, 4/25)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: McCall Middle School

Instructor: Blackrock Networks, INC

Min 4/Max 10



# YOUTH WORKSHOPS

THURS **January 16**

## **CHILDREN'S CONVERSATION SKILLS WORKSHOP (Grades 2 - 7)**

For many children it is easy to strike up a conversation or join one already in progress but for others engaging in small talk or starting a conversation can be challenging. Developing a child's conversational skills and etiquette is important as it helps them build confidence, cultivate friendships, and understand social expectations. A child who is good at communicating verbally will often produce better written communication and interpret what they read more accurately, helping them in all areas of academics.

For more information visit:  
[www.newenglandschoolofprotocol.com](http://www.newenglandschoolofprotocol.com)

Time: 6:00PM - 7:00PM  
Location: Winchester Recreation  
Fee: \$80.00  
Instructor: New England School of Protocol  
Min 6 /Max 20

## **TEEN INTERVIEW WORKSHOP (Grades 8-12)**

Do you have a high school student getting ready to interview? Are you a teen looking for an internship or preparing for a college interview? Interviewing can be challenging for students especially when they haven't interviewed before. However, putting one's best foot forward during an interview is a critical step towards landing a great job during high school, and a valuable skill to develop for the future. Parents, think back to your first interview. Did you know what to expect or say? Interviewing can be a stressful experience for teens whether they are looking for their first job or going to their first college interview. Learn self-presentation skills and important talking points to help succeed at an interview.

Time: 7:00PM - 8:30PM  
Location: Winchester Recreation  
Fee: \$90.00  
Instructor: New England School of Protocol  
Min 6 /Max 20

MON **February 24**

## **SOCIAL SKILLS WORKSHOP (Grades 2 -7)**

In today's fast-paced, high-tech society, teaching children manners is more crucial than ever. One of the most important jobs we have as parents and teachers is to help children develop social skills, show them how to interact with others in a polite manner, and teach them to treat everyone with respect. Whether the occasion is a family gathering, a meal at a restaurant, or a quick trip to the grocery store, children can apply our lessons in any social situations and practice good manners so that they become a habitual part of their lives and set them apart.

For more information visit:  
[www.newenglandschoolofprotocol.com](http://www.newenglandschoolofprotocol.com)

Time: 6:00PM - 7:30PM  
Location: Winchester Recreation  
Fee: \$90.00  
Instructor: New England School of Protocol  
Min 6 /Max 20

## **RESTAURANT READY WORKSHOP (Grades 2 -7)**

Like to take your children out to eat with you at a restaurant but you're a little afraid how they might behave? In this workshop participants will learn how to use good manners at the table when dining out at a restaurant or a special event. Table manners are not just about how to hold your silverware or how to place your napkin. Good table manners also show self-awareness, respect, and courtesy to others. They are important tools for social interactions that will benefit children personally and professionally for the rest of their lives. After the workshop students will have a better understanding of restaurant manners and confidently demonstrate proper etiquette when dining out.

Time: 7:30PM - 8:30PM  
Fee: \$80.00  
Location: Winchester Recreation  
Instructor: New England School of Protocol  
Min 6/ Max 20

# YOUTH WORKSHOPS

TUES **March 25**

## CHILDREN'S DINING ETIQUETTE WORKSHOP (Grades 2 - 7)

Imagine your child not only mastering impeccable table manners but also radiating confidence in any dining situation. Our Children's Dining Etiquette Program isn't just about polished behavior; it's about empowering them with the tools they need to stand out and make a lasting impression. This workshop will boost their self-assurance and help them exude poise when dining at home, in a restaurant or at a social event. Good table manners are more than just niceties - they are invaluable tools for social interaction that will benefit children both personally and socially throughout their lives.

Time: 6:00PM - 7:30PM

Fee: \$90.00

Location: Winchester Recreation

Instructor: New England School of Protocol

Min 6/ Max 20

## CHILDREN'S CONVERSATION SKILLS WORKSHOP (Grades 2 - 7)

For many children it is easy to strike up a conversation or join one already in progress but for others engaging in small talk or starting a conversation can be challenging. Developing a child's conversational skills and etiquette is important as it helps them build confidence, cultivate friendships, and understand social expectations. A child who is good at communicating verbally will often produce better written communication and interpret what they read more accurately, helping them in all areas of academics.

Time: 7:30PM - 8:30PM

Fee: \$80.00

Location: Winchester Recreation

Instructor: New England School of Protocol

Min 6/ Max 20

# ADULT WORKSHOPS

TUES **March 25**

## YOU CAN AFFORD COLLEGE IF...

you PLAN in advance; you UNDERSTAND the financial aid process; you ACT early enough to be successful. Financial aid goes to the families who plan and act in advance - before December of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process and why implementing strategies may increase a family's eligibility even if you have a "high income" or own a business. The greatest amount of financial aid goes to the families who act in the early years of high school. REMEMBER: Procrastination equals less financial aid. All schools are not alike, so it is important to know your options and opportunities. A free financial aid analysis will be available to all attendees. For information, visit [www.collegefundingadvisors.com](http://www.collegefundingadvisors.com).

Time: 6:30PM - 8:30PM

Location: Winchester Recreation

Fee: \$21.00 Single \$30.00 Couple

Instructor: Don Anderson

Min 3/ Max 12

**The upcoming summer programs are managed by the Winchester Recreation Department staff. Based on feedback from parents, we will begin REGISTRATION ON TUESDAY, JANUARY 7 AT 10 AM. Additionally, other summer programs offered by vendors—such as art, science, cooking, computer classes, and sports—will be detailed in a summer guide.**



# SUMMER WRAP

## SUMMER WRAP PROGRAM (Grades 1-5)

Dates: June 30 - August 8th (6 Weeks Available) Times: 8:30AM-4:00PM

Entering Grades: 1 - 5

Location: Winchester Recreation Department (Mystic School)

Summer WRAP Director: Carol McCollem

Join us this summer for our expanded and revamped Summer WRAP! This summer your child will play, explore and have a ton of fun with action packed daily activities. Each day will include arts and crafts, daily challenges, sports, outdoor play (including water play) along with weekly enrichment, special visitors and a field trip to local area kid friendly attractions!

New this summer we have added weekly visits from Wright-Looke Farm, Science with Terry the inventor mentor, Kid Stock performing arts, and additional enrichment weekly! The WRAP staff will ensure your child has a great summer filled with memories and FUN! Groups are broken down by grade. Parent guides and participant information forms will be emailed to all participants prior to the program starting.

A summer parent guide will be emailed to all participants prior to the program starting.

Date	Fee	Date	Fee
June 30- July 3 (closed 7/4)	\$345	July 21 – July 25	\$430
July 7 – July 11	\$430	July 28 – August 1	\$430
July 14 – July 18	\$430	August 4 – August 8	\$430

**Summer WRAP is licensed by the Department of Early Education and Care.** Additional registration paperwork is required for those who register for this program. Paperwork is available for download at [www.winrec.com](http://www.winrec.com) and must be submitted prior to the program.

Field trips subject to change based on availability.

WEEK	THEME	FIELD TRIP
1	Outer Space	Breezy Picnic Grounds Waterslides
2	Farm Animals	Davis Farmland
3	Lake Life	Canobie Lake
4	Zoo Animals	Southwick Zoo
5	Games Galore	Apex Entertainment Center
6	Under the Sea	Castle Island

# SUMMER RECREATION PROGRAMS



## JUNIOR SUMMER ADVENTURES (Ages 3-5/entering Kindergarten)

Dates: June 30 - August 8th (6 Weeks Available)

Program hours: 9:00AM- 12:00PM Extended Day 12:00PM-2:00PM available

Ages/Grades: Children ages 3.0-5 and Children Entering Kindergarten

Location: Winchester Recreation (Mystic School)

Sonja Ferraguto, Licensed Preschool Director, sferraguto@winchester.us (781)759-9743

Are you looking for a fun way for your preschooler to spend their summer days? Join us at Junior Summer Adventure Camp as we play, explore, and create our own adventures! Each week offers a different theme with fun activities designed for children ages 3.0 to 5 years old. Our daily schedule includes arts and crafts, story-time, sports, water play, and playground time. Music and additional enrichment opportunities based on each week's theme round out our summer fun! Our summer staff is led by the recreation department's EEC certified director and preschool teachers, along with local high school and college student summer counselors, providing a safe, fun, and engaging experience for your preschooler. This camp complies with regulations of the Massachusetts Department of Public Health and is licensed by the Winchester Health Department.

After registering, complete the enrollment/health form and email to: sferraguto@winchester.us. A signed physical within the last 18 months and immunization record must be submitted prior to attending.

Medical/Health: If your child has an acute medical condition such as asthma or an allergy that requires an EpiPen, an Individual Health Care Plan form must be submitted before your child can attend (see director).

### WHAT GROUP IS MY CHILD IN?

All campers must reach the minimum age for their group by June 1st . Children must be fully potty trained to attend.

- Summer Fun: Age 3.0
- Safari: Age 4.0
- Sunshine: Age 5.0, entering kindergarten

Parent Info: What will my child's day look like? What do we bring? Please be sure to read our JSA Summer Program Parent Info to ensure your child has the most positive experience!

Date	Theme	Fee
June 30- July 3 (closed 7/4)	Over in the Meadow	\$210
July 7 - July 11	Down on the Farm	\$260
July 14 - July 18	The Sky's the Limit!	\$260
July 21 - July 25	Frogs and Friends	\$260
July 28 - August 1	Going on a Bear Hunt!	\$260
August 4 - August 8	Backyard Adventures!	\$260

### EXTENDED DAY OPTION:

Extended Day is offered Monday through Friday with dismissal at 2:00pm.

Fee: \$170/week (\$135/week for June 30-July 3)

Participants should bring a peanut/tree-nut-free lunch and water bottle/beverage.

# SUMMER RECREATION PROGRAMS

## SUMMER SPORTS ADVENTURE CAMP (Age 7 by June 30th - 6th Grade)

June 30 - August 8th (6 Weeks Available) Times: 9:00AM-3:00PM

Entering Grades: Must be age 7 by 6/30/24 - 6th Grade Location: McCall Middle School

Summer Sports Director: Mitch Ulacco, Recreation Supervisor

Min 10 /Max 30

This program is the perfect solution for that active and athletic child that is always looking to play sports and games. We are extremely excited to bring back this program for the summer of 2025! This multi sports program incorporates a variety of sports & games that your child is sure to love. Staff will coordinate games that include, wiffleball, dodgeball, flag football, soccer, baseball, basketball and some of the old school gym classic games, jailbreak, doctor dodgeball etc. Weekly themes and special events round out each week. Register for one week or book all 6 weeks! This program will take place at the McCall Middle School Gym, outdoor fields, and courts. Children should wear comfortable clothing, sneakers (no sandals or flip flops), sunscreen, a water bottle, snack, and lunch (no refrigerator on site, please pack an icepack/in lunch bag).

**A signed physical within the last 18 months and immunization record must be submitted before attending.**

**This camp must comply with regulations of the Massachusetts Department of Public Health and be licensed by the Winchester Health Department.**

Date	Fee	Date	Fee
June 30- July 3 (closed 7/4)	\$280	July 21 – July 25	\$360
July 7 – July 11	\$360	July 28 – August 1	\$360
July 14 – July 18	\$360	August 4 – August 8	\$360

## We are Hiring!

*The Recreation Department is now accepting job applications and for the following spring & summer positions. We offer competitive rates and a fun and engaging work environment!*

- **Summer Youth Program Counselors (Summer WRAP, Summer Sports, Junior Summer Adventures)**
- **Packer Ellis Tennis Court Supervisors, Gate Attendants & Maintenance Assistants**

To apply, please visit [www.winchester.us](http://www.winchester.us) and complete the online employment application.

[winchester.us](http://www.winchester.us)



# SUMMER RECREATION PROGRAMS

## SUMMER SPEED, AGILITY, STRENGTH DEVELOPMENT (Entering Grades 6-12)

Join WHS Coaches and Recreation Staff this summer for 8 weeks of speed, agility and strength training. Each group will start with speed, agility and flexibility then transition into strength & conditioning. The breakdown of the 90 minutes will vary each day during the week i.e. Monday- 30 minutes of mobility and flexibility followed by 50 minutes of strength and 10 minutes of cardiovascular endurance, Tuesday- 40 minutes of dynamic speed training and 50 minutes of isolating strength development, Wednesday- 30 minutes plyometric, agility training and 50 explosive strength movements and 10 minutes of recovery stretch. Thursday 30 minutes mobility and flexibility and 50 minutes of strength training, 10 minutes of cardiovascular training. Max 30 per session (8 weeks).

Fee: \$395.00 Location: Winchester High School, Weight Room, Ciarcia Turf

**Date: Mondays - Thursday, June 23rd-August 14th**

### HIGH SCHOOL PROGRAM

(Entering Gr. 9th - 12th)

Session I: 7:15AM - 8:45AM

Session II: 7:45AM - 9:15AM

Session III: 8:15AM - 9:45AM

Session IV: 8:45AM - 10:15AM

Session V 9:15AM - 10:45AM

Session VI 9:45AM - 11:15AM (**JOINT 9th and 8th Grade**)

### MIDDLE SCHOOL PROGRAM

(Entering Gr. 6th - 8th)

Session I: 10:15AM - 11:45AM

Session II: 10:45AM - 12:15PM

Session III: 11:15AM - 12:45PM

### Staff Include:

Wally Dembowski - Head Football Coach, Weight Room Supervisor, Asst Spring Track Coach

Jason Cacciapuoti - Head Indoor & Outdoor Track Coach, CPR Instructor

Chris Noeth- Asst Indoor & Outdoor Track Coach

Meg Foley: Certified Athletic Trainer and currently a fulltime nursing student.

Sami Al-Ziab:CSCS(Certified) Trainer, Owner: Samie's Sanctuary(Samie@samiesanctuary.com)

Will O'Connor- PE/Wellness Teacher WHS, Level 1 Certified Crossfit Trainer, Asst. Football Coach

Ally LoBello- Former WHS Track Athlete and 2024 Clinician



# FIELD RENTALS

## Field Use and Permitting Information

The Winchester Recreation Department oversees the use and permitting of all the fields and park spaces for the Town of Winchester. We encourage all residents to enjoy the town recreational spaces, and get out and be active! Fields and parks are free to use for any unorganized play or pick up games as long as a permitted group is not utilizing the space.

Please note that any organized and/or fee based activities must be permitted through the recreation department such as youth private coaching, tennis lessons, sports & fitness training and clinics, organized games with referees and uniforms, camps and tournaments. Additionally, residents can permit and reserve a field for a birthday party, one time event, or neighborhood game. Permit fees apply based on the amount use, field space requested and priority tiers. Fee based programs must possess liability insurance with the town of Winchester listed as an additional insured. Non-fee based permitted use may not require liability insurance for use, contact the Recreation Director for guidance. For information on permitting policy, fees and procedures please visit the Town Recreation Web Page: [Winchester Recreation Department](#)

The Field use policies and procedures are developed and maintained by the Winchester Field Management Committee and approved by the Winchester Select Board. Information on the Field Management Committee can be found here: [Field Management Committee](#)

Fields, parks and playgrounds are maintained by the Winchester Department of Public Works. Please report any safety issues or concerns to the DPW at (781) 721-7100

## Winchester Recreation Department

2025

# SUMMER CONCERTS

Concerts are held Wednesdays at 6:30pm

Seeking Bands & Sponsors

Band submissions due by March 15th  
Email [mulacco@winchester.us](mailto:mulacco@winchester.us)