



INSIDE

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- Estate Planning

WWW.WINREC.COM

Winchester Recreation Department, 263 Main Street - Winchester MA 01890

Department Information

Winchester Recreation
263 Main Street
Winchester MA 01890
Main Office: 781-721-7125
Fax: 781-721-7129
www.winchester.us/635/
Recreation-Department

OFFICE HOURS

Monday: 8AM to 7PM
Tuesday-Friday: 8AM to 4PM

STAFF CONTACT INFO

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Carol McCollem
After School Director
cmccollem@winchester.us

Lisa Paganis
Lynch After School
lpaganis@winchester.us

REGISTRATION

Online: www.winrec.com
Register or add yourself to the
waitlist for classes 24/7

General Information

Those requiring special assistance, please
contact the Recreation Director.
Financial Assistance may be available
upon request. Applications available
online or by request.
Transportation, when provided, will be by
North Suburban Transportation, unless
otherwise noted.

TUITION

Tuition must be paid at the time of
registration. Visa, Master Card, Discover
are accepted. Checks should be made
payable to Winchester Recreation
Department.

PAYMENT PLANS

If you are in need of setting up a payment
plan please reach out to Melissa Ross
mross@winchester.us

E-ANNOUNCEMENTS

Please sign up for our general email list to
receive periodic updates and new program
information via email.

WEATHER CANCELLATIONS

Weather cancellations will be emailed and
posted on our registration website:
www.winrec.com

FLEXIBLE SPENDING

Town of Winchester
Tax ID # 046-001-371

NEIGHBORS HELPING NEIGHBORS

NHN is a fund set up to help support
Winchester families who might otherwise
be unable to afford recreation programs.
To donate: Add to your cart Neighbors
Helping Neighbors, then select the amount
you would like to donate.

PHOTO PERMISSION

Participants in Winchester Recreation
Sponsored activities permit the taking
of photos and videos of themselves and
their children for publication and use.
Instructions to the contrary must be made
in writing to the Recreation Director.

WINCHESTER RECREATION 2023 SPRING/SUMMER PROGRAM GUIDE

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***Periodically we will add new
programs throughout the
programming season online that do
not appear in this program guide.
Please check www.winrec.com for any
program updates, cancellations
and changes.**

**Disclaimer: OOPS! Occasionally there
may be an error, typo or change in
the day, times, fees or location in the
brochure. If so, we will do everything
possible to correct the situation
promptly. Thank you for your patience
and understanding should these
situations arise.**

Special Events

WINCHESTER TOWN DAY

Saturday, June 3rd 2023

Winchester Town Day had its beginning in the mid-1970s when a group of town residents decided that a late spring community party would be a great way to start off the summer.

The thousands of individuals and families who attend can enjoy a day of browsing exhibits, playing games, competing in athletics, eating(!), listening to different types of music, attending the health fair, and watching the grand finale, fireworks.

Now in its 42nd consecutive year, Town Day continues to grow in popularity as a great way to kick off the summer in a New England town!

If you are interested in being a part of a hard-working, fun-loving group, and would like to volunteer a few hours, please email the Town Day Committee. Now in its 42nd consecutive year, Town Day continues to grow in popularity as a great way to kick off the summer in a New England town!

Date: Saturday, June 3rd, 2023

DADDY DAUGHTER DANCE

Attention all Winchester Dads, Uncles, Grandfathers, Guardians. Join us for this annual event on Saturday, May 6th from 2PM - 4PM at Winchester Hall Auditorium. This special dance includes a disc jockey, tasty treats, photo opportunities, and a small gift for all the girls. The dance is open for all ages. Please note that space is extremely limited; get your tickets early - tickets are only available online at www.winrec.com

Date: Saturday, May 6th

Time: 2:00PM - 4:00PM

Location: Winchester Town Hall Auditorium

Tickets: \$35.00 for couple

\$5.00 for each additional child



Winchester Recreation Gym Rentals

The Winchester Recreation Department offers evening and weekend rentals (based on activity schedules). Community members can rent our gym for birthdays, to shoot hoops, play floor hockey, dodge ball, or just run around and get some exercise. Classrooms are also available for workshops/meetings/party space.

All renters must have an adult onsite at all times. Recreation equipment is available for use upon request. A staff member will be onsite to assist with any equipment needs and set up. If you are bringing in an outside vendor or performer to run games or events, the Town of Winchester will require proof of insurance from all businesses.

RATES & INFORMATION

Days/Times Available:

Monday – Friday: \$100/hour

Weekdays: \$100/hour (2 hour minimum)

Birthday Parties: \$300 fee includes 2 hours for party, with 30 minutes of set up and 30 min for breakdown (total 3 hours)

Email gym request forms/questions to: mross@winchester.us

Request form: <https://www.winchester.us/DocumentCenter/View/5792/Mystic-Gym-Request-form>



PROGRAM REFUND/CANCELLATION/TRANSFER POLICY

Notice must be given 5 business days prior to a program start date for a refund.

-Programs costing less than \$100: Full refund less \$10

-Programs costing \$100+: Full refund less 10% of the program fee

-Transfers will be charged \$10 administrative fee.

-Only medical refunds can be given after the program has begun; however these will be prorated for classes attended and a \$10 administrative fee will be applied. (physician documentation required).

*This excludes CHILDCARE & PRESCHOOL PROGRAMS please see specific policies for Lynch, WRAP, Kid Connection.

Kid Connection Preschool 2023/2024

KID CONNECTION PRE-SCHOOL REGISTRATION

Sonja Ferraguto, Director (781)759-9743 sferraguto@winchester.us

Our Kid Connection Preschool, located at the Recreation Department Building at 263 Main Street is designed to create a community of learning and provide a rewarding preschool experience for each child. Kid Connection has been serving the Winchester community for over 25 years, and we pride ourselves on the longevity of our dedicated teachers and our low teacher to child ratio. Theme-based curriculum combines learning through play with teacher directed activities to support early childhood learning and social emotional development in a nurturing environment. Enrichment activities throughout the year include music, yoga, gymnastics, local field trips, and more. Our convenient location provides us with large classrooms and an expansive outdoor play area including a new sport court built this past spring. We respect each parent as their child's first educator and welcome your involvement in your child's care and education as we build a cooperative relationship between teachers, children, and their families. Kid Connection is a school year program that mirrors the Winchester Public School calendar and is licensed by The Department of Early Education and Care (EEC).

STEPPING STONES - Age 2.9 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Stepping Stones offers a first preschool experience for your child, where they explore through hands on activities with support for their emerging independence, social/emotional, and self-help skills. Themed curriculum focuses on learning through play, and introduction of early learning concepts.

Tuition: \$4,425/year or \$442.50/month Max class size 16/3 teachers

ALPHABET SOUP - Age 3.5 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Alphabet Soup offers a structured preschool experience for younger 3's, preparing for our pre-kindergarten classes in Little Rascals and Building Blocks. Themed curriculum focuses on learning through play, creativity, exploring art materials, introducing letters and numbers, and improving fine motor skills through writing and manipulatives. The concept of community is emphasized within the classroom as self-help skills, social interactions, and growing independence are continued.

Tuition: \$4,350/year or \$435/month Max class size 18/3 teachers

LITTLE RASCALS - Age 3.10 by Sept. 1 Days: Monday – Thursday, 9:00am-12:15pm

Little Rascals extends learning opportunities for older 3's and younger 4's, who may have had an earlier preschool or daycare experience. Play and learning activities build on independence, self- confidence, and social skills. Pre-academic concepts are taught through a themed curriculum, with a focus on play-based learning, dramatic play, cooperation, and community, preparing each child for both our Building Blocks class and Kindergarten.

Tuition: \$5,250/year or \$525/ month Max class size 18/3 teachers

BUILDING BLOCKS - Age 4.3 by Sept. 1 Days: Monday – Friday, 9:00am-12:30pm

Building Blocks is a prekindergarten class which combines teacher led activities and student explorations to create an engaging and active learning environment. The themed curriculum focuses on early math and literacy skills, responsibility and cooperation, self-help skills, and growing independence, preparing your older preschooler for kindergarten.

Tuition: \$6,200/year or \$620/month Max class size 18/3 teachers

BUILDING BLOCKS - Extended Day Days: Monday – Friday, 9:00am-2:00pm

The full day option extends the Building Blocks Day, providing more time for learning through play and socializing with classmates. Children bring their own lunch and engage in activities that allow for additional exploration of the daily curriculum. The full day also helps to meet the needs of older 4's or younger 5's, who benefit from an additional year of preschool before kindergarten.

Tuition: \$9,200 or \$920 per month Max class size 18/3 teachers

**NEW- Add extended day and additional day options!
See Stay and Play and Discovery Days options on the next page!**

Kid Connection Preschool 2023/2024



KID CONNECTION ADD-ONS:

Both programs below are only open to students enrolled in Kid Connection classes who do not already attend on these days (open to Stepping Stones, Alphabet Soup, and Little Rascals) Depending on enrollment, classes may be mixed age.

NEW! DISCOVERY DAYS: Monday 9:00-12:00 & Friday: 9:00am-12:00pm

Acting out stories, exploring art materials, music, and movement, building and creating... more of what your child loves about learning! If you prefer a full week schedule for your younger preschooler, you can add one or two Discovery Days to complete their week. Play and educational activities will complement the weekly curriculum themes and learning concepts in your child's class to extend their learning.

Tuition: \$1375/year or \$137.50/month per day

STAY AND PLAY:

Choose your days/pricing below:

This program gives your child extra time for fun and learning! Our extended day program is offered Monday through Friday, from the time your child is dismissed from their class, until 2:00pm. Your child will have lunch (provided from home), quiet time, and additional time for activities, including craft projects, games, story time, and outdoor play. Our teacher to child ratio is 1:6. You may register for 1-5 days of extended care on days when your child normally attends. We require a minimum of 3 children enrolled to hold this program on any day, and children must be potty trained to attend.

Monthly cost for extended day options:

\$110/month for 1 Day

\$205/month for 2 Days

\$300/month for 3 Days

\$390/month for 4 Days

\$480/month for 5 Days

*Single days/drop-ins are available at a fee of \$35/day if enrollment is not full. We ask that parents request by the Friday before to ensure adequate staffing. Contact Sonja Ferraguto, Director - sferraguto@winchester.us (781)759-9743

2023-2024 SCHOOL YEAR REGISTRATION INFORMATION

Tours are available by appointment by contacting Sonja Ferraguto, Director by calling (781)759-9743 or emailing her at sferraguto@winchester.us

FEES TUITION AND MONTHLY BILLING:

Registration fees: a non-fundable fee of \$50 is due upon registration, and is payable via cash, check, or credit card.

Currently enrolled families may also charge their credit card on file.

Deposit: A non-refundable deposit in the amount of one month's tuition is due to secure your child's spot for the 2023 school year. This deposit covers the tuition for September.

Due date: February 10, 2023 for newly enrolled students, including siblings of current students. June 15, 2023 for all currently enrolled students continuing in the program

MONTHLY BILLING: Yearly tuition is divided into ten equal payments to cover September through June. Enrollment forms for 2023 will be distributed in late June, including a payment authorization form to be used for automatic payments to be established. The monthly billing cycle will begin September 1st, to cover the following month's tuition, with the final monthly payment due May 1st, to cover June tuition. Financial applications are available upon request.

Winchester Recreation T-Ball League (Ages 4-6yrs*)

This program is for boys and girls ages 4 - 6. Children will be placed on teams according to age and receive their very own team jersey and hat. Practices start mid/late April (based on field conditions) with game play starting after each team has practiced for 2 weeks. Games/practices will be played 1x per week (Mon, Tues, Wed or Thurs) please note make-ups could be scheduled on Fridays. The Rookie Division, 4/5 yr olds will practice/play typically on Monday or Tuesdays, the Veterans Division 6yrs, will play mainly on Wednesdays or Thursdays. Team schedules will be set two weeks prior to the start of the season. Please note days may vary each week, depending upon each teams schedule. 9 weeks, weather permitting, Please no coaching/player requests.

PROGRAM INFORMATION:

Dates: Season will begin the week of April 24th and run until June 16th (weather permitting)

Time: 5:30PM - 6:45PM

Location: Each teams location will be determined when schedules are released in April

Fee: \$110.00



Rookie Division: *Age 4 & 5

**for players that are 4 years of age as of May 1st, 2023*

and no older than 5 on May 1st, 2023

Players will hit off a batting tee for the entire season and bat every inning. Games will last 3 innings or for 75 minutes, whichever comes first. Every player plays the field every inning and there will be no walks or strikeouts and score will not be kept.

Veterans Division: *Ages 6

**for players that are 6 yrs of age as of May 1st, 2023*

Players will hit off batting tee for the first half of the season and coaches will pitch remainder of season. Each player will be allowed 3 swings and misses before a batting tee will be placed to hit, no strikeouts. Games will be 3 innings or for 75 minutes, whichever comes first. Every player will play the field every inning and there will be no walks or strikeouts and score will not be kept

**Schedules will be sent to you by coaches prior to the start of the season. Please note we cannot guarantee a specific day for practices/games. Schedules will be based upon field availability.*

-TBALL COACHES NEEDED-

If you are interested in volunteering as a coach for either program this season please contact jsullivan@winchester.us or select "yes" when asked during registration.

Spring Programming

TODDLER TUMBLERS w/Adult(1.5-3yrs)

This class is the perfect combination of fun and learning. Miss Jenn brings oodles of energy to keep kids moving in her preschool gymnastics class. Each week will have a different theme, children will do rolls, walk across the beam, swing like monkeys and jump like frogs on the vault. Parachute bubbles and stamps round out this magical class. Child must be proficiently walking and children should wear comfortable clothing and bare feet. (6 weeks)

Date: Tuesdays, April 25th -May 30th

Time: 9:00AM - 9:35AM

Location: Winchester Recreation

Fee: \$90.00

Instructor: Jen McGrath

Min 6 Max 10

PRE-K GYMNASTICS (3-5yrs)

This is an all by myself class! Children will learn to be independent, while learning basic gymnastics skills in a fun easy setting. They will start bridges, forward and backward rolls, cartwheels, handstands and so much more, using bars beam and vault. This is a fun filled class complete with parachute, stamps and smiles. (6 weeks)

Date: Tuesdays, April 25th -May 30th

Time: 9:40AM - 10:25AM

Location: Winchester Recreation

Fee: \$90.00

Instructor: Jen McGrath

Min 6 Max 10



Toddler/Pre-K Programs

BABES IN ARTLAND (2 - 4yrs)

This program encourages parents and children to interact in a creative and challenging environment. Children explore with paint, glue and other craft materials. Parents and children will have loads of fun when they team up and create all sorts of crafts.

Date: Fridays, May 12th - June 9th (5 weeks)
Time: 10:00AM - 10:45AM
Location: Winchester Recreation
Fee: \$75.00
Instructor: Carol McCollem
Min 6 Max 12



SPRING FUN-DERLAND (2 - 4yrs)

Join Winchester Recreation and Mrs. McCollem for this active & fun spring class. This program will incorporate a number of your favorite pre-school games, sports and activities that will keep your kids moving and socializing with others!

Date: Thursdays, May 11th - June 8th (5 weeks)
Time: 10:00AM - 10:45AM
Location: Winchester Recreation
Fee: \$75.00
Instructor: Carol McCollem
Min 6 Max 12

Soccer Shots

SOCCER SHOTS MINI (Ages 2 - 2.11yrs)

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game.

Date: Sundays, April 16th - June 11th (Off 5/28)
Time: 9:00AM - 9:30AM
Location: Vinson Owen School
Fee: \$315.00
Min 4 Max 6

SOCCER SHOTS CLASSIC HYBRID (3 - 3.11yrs)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. (8 weeks)

Date: Sundays, April 16th - June 11th (Off 5/28)
Time: 9:35AM - 10:15AM
Location: Vinson Owen School
Fee: \$315.00
Min 4 Max 6

SOCCER SHOTS CLASSIC (4 - 5.11yrs)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. (8 weeks)

Date: Sundays, April 16th - June 11th (Off 5/28)
Time: 10:20AM - 11:05AM
Location: Vinson Owen School
Fee: \$315.00
Min 4 Max 6

SOCCER SHOTS PREMIER (6 - 8yrs)

Soccer Shots Premier focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Date: Sundays, April 16th - June 11th (Off 5/28)
Time: 11:10AM - 11:55AM
Location: Vinson Owen School
Fee: \$315.00
Min 4 Max 6

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April Vacation Programs

APRIL VACATION CLUB (K - 5th)

Join the Winchester Recreation Department for four days of supervised fun and games, arts/crafts, and special projects. We have different themes for each day and some days may include a special performer. This fun filled program is open to children in grades K-5. Student to teacher ratio is 8 to 2. Space is limited, and students will be broken up based upon appropriate grades as registration numbers warrant. Participants are responsible for bringing a lunch, drink and snacks daily. 4 day, 3 day, or 2 day options.

Dates: April 18th - April 21st (Tuesday-Friday, 4 days)

Time: 8:00AM - 4:00PM

Location: Winchester Recreation, 263 Main St.

Fee: 4 Days \$375.00

3 Days \$295.00

2 Days \$200.00

Staff: Winchester EEC Certified Teachers

APRIL VACATION BASEBALL SKILLS CLINIC (3rd - 7th)

Get ready for the upcoming Spring season, have some fun and train with the same equipment MLB Players use! The April week clinic is designed to give players confidence, while working on fundamentals and learn skills to help them improve. The clinic will instruct participants in throwing, proper two-handed fielding, base running, hitting, pitching, speed, agility and proper baseball warm up routines.

The first hour of the clinic is focused on skills development and is followed by a simulated game. Each day we will play a simulated game with a World Series Day on Friday. Video footage will be available to players so they can visualize their mechanics and make adjustments to improve. The first day will consist of a Home Run Derby and pitching contest to see who can hit the farthest and throw the fastest. We will use the initial statistics to divide the teams fairly and track improvements. Each player will receive a team game shirt.

Dates: April 18th - April 21st (Tuesday-Friday, 4 days)

Time: 9:00AM-12:00PM

Fee: \$395.00

Location: Precision Performance Center
380 Second Street, Everett MA

Instructor: Precision Performance Center Staff Min 4 Max 12

GIRLSTART SPRING BREAK PROGRAM

APRIL VACATION (3rd-5th)

Join the staff from Girlstart for this girls-only STEM-based week of learning and fun! Participants will learn through hands on projects. Projects will teach the engineering design process as participants mine for nonrenewable chocolate chip 'coal', to being geomorphologists exploring canyon formations, to renewable energy engineers maximizing our resources to clean energy, to evolutionary biologists studying animals' environmental adaptations. This program is filled with tons of STEM discovery and fascinating career exploration. In addition to the hands-on STEM activities, our social and emotional components allow participants to be flexible and calm as they face challenges, learn to express empathy and gratitude for others, and can imagine limitless possibilities for themselves and the world. Girlstart helps participants explore what motivates and inspires them.

Dates: April 18th-April 21st (Tuesday-Friday)

Time: 9:00AM-2:00PM

Fee: \$275.00

Location: Winchester Recreation

Instructor: Girlstart Staff



APRIL VACATION ART STUDIO (6 - 12yrs)

Through carefully structured exercises and demonstrations participants will have an opportunity to explore the key elements and methods that form the foundations of the drawing process, painting and sculpting. Our focus will be composition, proportion, exploration of line and shape in an environment that encourages personal creativity. Participants will create artworks in different techniques and mediums through age appropriate projects. On the last day of the workshop, at 12:00 pm, an art show will be held for the parents, relatives, and friends of participating students. Everyone is welcome! Join us for our celebration of ART! Please bring a snack or small lunch (NUT FREE) and water bottle each day.

Date: April 18th - April 21st (Tuesday - Friday, 4 days)

Time: 9:00AM - 1:00PM

Fee: \$275.00

Location: Winchester Recreation

Instructor: Seda Matevosian Min 6 Max 10

Spring Youth Programs

ART STUDIO (6 - 12yrs)

Through carefully structured exercises and demonstration kids will have an opportunity to explore the key elements and methods that form the foundations of the drawing process, painting and sculpting. Our focus will be composition, proportion, perspective, exploration of line and shape in an environment that encourages child's personal creativity. Kids will create art works in different techniques and mediums through age appropriate projects. Materials are included. (6 weeks)

ART STUDIO at Lynch Elementary
Date: Tuesdays, April 25th - May 30th
Time: Session I: 3:15PM - 4:30PM
Session II: 4:45PM - 6:00PM
Fee: \$220.00
Location: Lynch Elementary School Art Room (inside cafe)

ART STUDIO at Winchester Recreation
Date: Wednesdays, April 26th - May 31st
Time: Session I: 3:15PM - 4:30PM
Session II: 4:45PM - 6:00PM
Fee: \$220.00
Location: Winchester Recreation
Instructor: Seda Matevosian Min 6 Max 10

FISH ON (2nd-5th)

Join the Winchester Recreation Department on Saturday Mornings for some fishing fun! In this program we'll teach you the basics of fishing including: fishing rod/reel set up, knot tying, lure choice as well as choosing how and where to cast. If you have experience fishing we can help you learn more advanced techniques to catch the fish of your dreams! Lures/Bait will be provided, please bring your own fishing rod. While we don't guarantee that you'll catch a fish, we do guarantee you'll have fun! (5 weeks)

Date: Saturdays, April 29th- June 3rd (Off 5/27)
Time: Session I: 9:00AM - 10:00AM
Session II: 10:15AM - 11:15AM
Fee: \$140.00
Location: Leonard Field Pond
Instructor: Dan Medwar & Staff Min 5 Max 10



ON-TRACK PROGRAM (3rd-5th, 6th-8th)

On Track is back! Join the Winchester On Track Program and learn more about the basics of track. In this fun, hands-on program, your child will learn the essential elements of track and field - running, relays, jumping and all the different throwing events. This is a great way for your child to get moving and be outside with their friends in a supportive environment. Every participant will receive a Winchester Recreation On-Track Shirt. (5 weeks/10 sessions)

Dates: Wednesdays & Fridays April 26th - May 26th
Time: 6th - 8th: 3:30PM - 4:30PM
3rd - 5th: 4:30PM - 5:30PM
Fee: \$150.00
Location: Manchester Field Track, McCall M.S.
Instructor: Kirsten Healey and Staff Max 90 per session

CHESS WIZARDS (2nd-5th)

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously, accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have the chance to participate in a mini chess tournament. (7 weeks)

Dates: Fridays, April 28th - June 9th
Time: 3:30PM - 4:30PM
Fee: \$195.00
Location: Winchester Recreation
Instructor: Chess Wizards Min. 10 Max. 14

3D PRINTING - BlocksCAD (2nd-5th)

BlocksCAD is a programmatic, cloud-based, 3D design tool that teaches coding, 3D design, math & computational thinking. Have a blast in our 3D Design class & learn 21st century skills that include: Blocks-based coding fundamentals such as loops, variables, sequencing, and debugging. Math practice utilizing cartesian coordinates, number sense, spatial reasoning, metrics, and geometry. Each student will receive one 3D print of their choosing over the 6-week course. BlocksCAD will print these projects after class concludes and arrange a safe pickup at the Recreation Department.

Equipment needed: Students must bring their own Internet-accessible device to each class session (laptop, MacBook, iPad, or Chromebook). The device should have an Internet browser that is compatible with BlocksCAD (Google Chrome or Mozilla Firefox).

Dates: Mondays, April 24th - June 5th (Off 5/29)
Time: 4:15PM - 5:15PM
Fee: \$230.00
Location: Winchester Recreation
Instructor: BlocksCad Staff Min 4 Max 10

Spring Youth Programs

JUNIOR TABLE TENNIS (2nd - 5th)

We are excited to bring one of the fastest growing sports to Winchester! Table Top Tennis, this program is for beginners, experienced players, as well as those new to the sport. During this one hour program, fundamental table tennis techniques and match strategies will be taught. Maximum of sixteen players per session. (6 weeks)

Date: Thursdays, April 27th - June 1st

Time: 5:30PM - 6:30PM

Fee: \$80.00

Location: Winchester Recreation

Instructor: Shaya Hedayatian Min 4 Max 6

MIDDLE SCHOOL TABLE TENNIS (6th - 8th)

We are excited to bring one of the fastest growing sports to Winchester! Table Top Tennis, this program is for beginners, experienced, as well as those new to the sport. During this one hour program, fundamental table tennis techniques and match strategies will be taught. Maximum of sixteen players per session. (6 weeks)

Date: Thursdays, April 27th - June 1st

Time: 5:30PM-6:30PM

Fee: \$80.00

Location: Winchester Recreation

Instructor: Shaya Hedayatian Min 4 Max 6

KIDS TEST KITCHEN (K - 5th)

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team participants will slice, dice, peel, measure, and cook until the finished dish is completed. Lessons are planned to celebrate seasonal produce and offer ideas for quick and healthy meals. At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! Even the most reluctant eaters enjoy KTK, where participation is expected, but tasting is always optional. (6 weeks)

Dates: Wednesdays, April 26th - June 7th (Off 5/3 teacher out)

Time: Session 1: 3:30PM - 4:30PM

Session 2: 4:45PM - 5:45PM

Fee: \$155.00

Location: Winchester Recreation

Instructor: Kids Test Kitchen Staff Min 6 Max 12

TENNIS IN THE PARKS (1st - 8th)

The tennis program where kids play while they learn! This program is for brand-new or beginner tennis players. Led by a SafeSport-approved coach, we focus on FUN and learning the basics. We use age-appropriate equipment that makes learning easy. All players in their first session receive and keep a new age-appropriate racquet and ball!

Tuesday Session: May 2nd - June 6th

Grades 1st - 2nd (Red Ball) 3:30PM - 4:30PM

Grades 3rd - 4th (Orange Ball) 4:30PM - 5:30PM

Location: McDonald Field Courts

Fee: \$85.00 Min 7 Max 8

Wednesday Session: May 3rd to June 7th

Grades 3rd -4th (Orange Ball) 3:30PM - 4:30PM

Grades 6th - 8th (Green Ball) 4:30PM - 5:30PM

Location: McDonald Field Courts

Fee: \$85.00

Program Instructor: USTA Coach Min 7 Max 8

WINCHESTER RECREATION FENCING (7-18yrs)

Come learn the exciting sport of fencing with the New England Fencing Alliance! Often called a physical game of chess, fencing develops endurance, coordination, agility, poise, and balance. While fencing is a physical sport, it is also a mental game requiring concentration, quick decision-making and problem-solving. It's an ideal activity for people of all ages and sizes. Equipment is provided for the first 8-week session one participates.

Friday: Beginner/Intermediate (Ages 7 +)

Dates: Fridays, April 7th-June 9th (Off 4/21)

Time: 5:00PM - 6:00PM

Fee: \$250.00

Location: Winchester Recreation Department

Friday: Beginner/Advanced (12 +)

Dates: Fridays, April 7th-June 9th (Off 4/21)

Time: 6:15PM - 7:15PM

Fee: \$250.00

Location: Winchester Recreation

Instructor: Michael Tarascio, former member of the United States World Championship Team.

FENCING GEAR REQUIREMENTS:

Gear can be rented or purchased. Participants will have the option of renting from Coach Michael at a cost of \$50.00 plus a \$100.00 deposit for an 8-week session. Fencers will be fitted for equipment during the first class, then fencers will take the equipment home with them. At the end of the last class, the deposit will be issued upon returning the fencing gear to Coach Michael. If interested in purchasing gear or if you have questions please contact Michael Tarascio michael@nefencing.com for information.



Spring Youth Programs

WINCHESTER RECREATION LACROSSE powered by Scoops (*3 - 7yrs)

Scoops Lacrosse is an introductory lacrosse program open to both boys and girls ages 3 - 7yrs of age. By focusing on the fun in fundamentals, Scoops classes are designed to ensure the game of lacrosse is learned through fun activities while keeping participants actively engaged and in motion! Each week will consist of fun age appropriate lacrosse games. We practice gratitude and positive encouragement to help build skills, and build childrens confidence levels. This program will run for 6 weeks and all participants will receive a Scoops Spring T-Shirt and Scoops Stickers. This program is pad free, no helmets, pads or gloves required. (6 weeks)

Dates: Tuesdays, April 25th - May 30th

Time: 4:30PM - 5:30PM

Location: Ambrose Elementary School Field

Fee: \$165.00

Instructor: Scoops Lacrosse Coaching Staff

* Child must be 3 by May 1st

Min 10 Max 40



TEEN INTERVIEW PREP Workshop (13 - 18yrs)

Do you have a high school student getting ready to interview for a job? Are you a teen looking for a summer internship? Interviewing can be challenging for students especially when they haven't interviewed before. Parents, think back to your first job interview. Did you know what to expect or say? Interviewing can be a stressful experience for teens whether they are looking for their first job or going to their first college interview. Learn self-presentation skills and important talking points to help succeed at an interview. Topics Include: what to do before the interview, know your resume, your elevator pitch, dressing for success, how to make a good first impression, common interview questions, questions you can ask, and more.

Dates: Thursday, May 25th

Time: 6:30PM - 8:00PM

Location: Winchester Recreation

Fee: \$75.00

Instructor: New England School of Protocol

ULTIMATE FRISBEE (6th - 7th)

Ultimate frisbee is an exciting, non-contact team sport played by thousands all over the world. It's a fast-paced game where players advance a frisbee by making passes from player to player until completing a pass in the opponent's end zone. No prior experience is necessary and new players pick up the game very quickly. The program will include instruction with skill building each week, followed by a scrimmage. We hope to have teams participate in a few tournaments this season, details will be confirmed after the start of the season and may include a separate fee for those looking to participate. (6 weeks)

Date: Mondays, April 24th - June 5th (off 5/29)

Time: 6:30PM - 7:30PM

Location: Manchester Grass (inside of track)

Fee: \$95.00

Instructor: Nathan Swilling

Min 8/ Max 16

If you are interested in helping coach, please reach out to jsullivan@winchester.us

JOB OPPORTUNITIES

The Recreation Department is now accepting job applications and/or resumes for the following positions. We offer competitive rates and a fun and engaging work environment!

FALL 2023/SPRING 2024

After School Lead & Assistant Group Leaders

After School Support Staff (HS)

Pre-K Assistant & Lead Teachers

To apply please visit www.winchester.us and complete the online employment application.

Packer-Ellis Tennis Information

How to register for a membership or Day Pass:

- 1) Register online at www.winrec.com in advance for your day pass or for your membership.
- 2) Call the Recreation Department and register using a credit card. Day passes can be purchased in advance. Office is open Monday - Friday from 8:00 AM - 4:00 PM
- 3) In office during office hours, by check, credit card or cash.

- Day passes can be purchased under the programs tab and by selecting tennis day pass or by clicking the photo on the homepage.
- Memberships are purchased under the programs tab and selecting tennis memberships or by clicking the photo on the homepage.

Purchasing a day pass for someone else?

If you are purchasing a day pass for someone other than yourself or a household member:

- 1) FASTEST WAY: Call the Recreation Department and we can register them through your account and email you the pass to be used upon your arrival.
- 2) A Packer Ellis Supervisor can add the pass to your account at the gate, on days where the courts are very busy, please know this option may take a little time.

Team Play Court Reservations: The Recreation Department has limited reservations available for team matches at Packer Ellis. To reserve space please fill out the below request form at least one month in advance of your first match. Fees are \$20 per court reserved for each date you are requesting. Fees cover entry and reservation for all players for both teams. Only Winchester-Based teams can reserve Packer-Ellis Courts.

Email this form to [Melissa Ross Mross@winchester.us](mailto:Melissa.Ross@winchester.us) or drop off to the recreation department.

REQUEST FORM: <https://www.winchester.us/DocumentCenter/View/6294/Packer-Ellis-Team-Request-Form-fillable-PDF?bidId=>

Reservations are not final until you receive a permit from the Packer Ellis Tennis Director Dena Madden. Dmadden@winchester.us

PACKER-ELLIS TENNIS RULES

- All players must check in at main gate with court staff prior to being assigned a court.
- Only proper tennis shoes are allowed for play on courts. NO running shoes.
- Running shoes and trainers not allowed based on the design of their treads that rip away at the top layer of the court causing damage to the courts. This damage results in the closing of the court for repair and limits the amount of participants the courts can accommodate.
- Courts must be swept after play.
- Courts are to be swept all the way back to the fences.
- Sweeping can be done lengthways or sideways.
- If you are first to the courts after watering, you may sweep before play in addition to sweeping after play.
- We do not reserve courts for play*. Courts are issued on a first come-first serve basis. Courts are not assigned until all members of your party are present at the check in area, sorry no exceptions. If there is a wait for the courts, we adhere to a 75 minute time limit for singles play, and 90 minute time limit for doubles. Time is logged in the check in book to ensure accuracy when you are assigned a court. 5 min warning will be given by a Packer Ellis Staff Member when your court needs to be relinquished.
*Courts are only reserved for specialized programs or events such as round robin play, tournaments, recreation tennis lessons and sanctioned league play. Deposits made to the Recreation Department may be required for certain reservations.
- From time to time some courts may be closed for repair and maintenance. Staff members may on occasion open a closed court if all courts are at capacity and permission has been approved by the Tennis Director/Maintenance Director.
- Proper tennis attire is required.

Arriving at the Courts

1. All players must arrive at courts with:
 - Tennis Membership/ID, or receipt of day pass. Please note: You will be asked to show your receipt of membership.
2. All players must check in with the gate attendant and will be signed in the player's log. The gate attendant will assign you a specific court.

Packer-Ellis Tennis Information/Memberships

2023 SEASON - Opening Day Expected May 1st, 2023

The Packer-Ellis Tennis Courts are managed and maintained by the Winchester Recreation Department. The courts are fee based and 100% self-funded through court memberships, day passes and program fees that support all staffing, maintenance, and equipment at the courts. Located on Palmer Street, the 15 Har-Tru courts are open 7-days a week starting May 1st – October 31st. A season’s membership or single-use fee is necessary for use, no exceptions.

Please note that the Town of Winchester has three hard surface courts that do not require membership fees for free tennis play. There are two courts at Leonard Field on Washington St. and one, hard surface court at McDonald Field.

2023 FACILITY HOURS/MEMBERSHIP RATES

EARLY SPRING HOURS (May 1 - May 15)

Monday - Friday: 8am - noon, 4 pm - sunset
Saturday: 7 am - noon, NO Saturday evening hours
Sunday: 7 am - noon, 3 pm - sunset

SPRING HOURS (May 15- June 1)

Monday & Friday: 8 am - noon, 3:30pm - sunset
Tues, Wed, Thurs: 7am - Noon 3:30pm -sunset
Saturday: 7 am - noon; NO evening hours
Sunday: 7 am - noon, 4pm - sunset

SUMMER HOURS (June 1 – September 4)

Monday – Friday: 7AM—Noon 3:00 PM – 8:00 PM
Saturday/Sunday: 7AM—Noon 4:00 PM – 8:00 PM

FALL HOURS (September 5- November 1)

Monday - Friday: 8 am - noon, 4 pm - sunset
Saturday: 7 am - noon, NO Saturday evening hours
Sunday: 7 am - noon, 3 pm - sunset

Holiday Hours

7:00 AM – Noon (no afternoon times)
Memorial Day: May 29
Independence Day: July 4
Juneteenth: June 19th
Labor Day: September 4

Please be aware: BUSIEST TIMES AT THE COURTS: Weekends: 8AM—11AM Weekdays: 5PM

2023 MEMBERSHIP FEES/DAY PASS

Resident Membership:

Youth: \$70.00
Adult: \$250.00
Masters (70+): \$210.00

Day Pass - Resident

Youth: \$7.00
Adult: \$15.00
Masters (70+): \$12.00

Non Resident Membership:

Youth: \$95.00
Adult: \$350.00
Masters (70+): \$310.00

Day Pass- Non Resident

Youth: \$9.00
Adult: \$20.00
Masters (70+): \$17.00

Packer-Ellis Tennis Information

Winchester Tennis Association Tournaments

The Winchester Tennis Association is a non-profit group, separate from the Recreation Department whose function is to support and grow tennis in the Winchester Community. The WTA sponsors a variety of events and tournaments at Packer Ellis each season. Use of the Packer-Ellis courts will be limited on tournament days. For more information or to register please visit www.wtawinchester.com.

WTA Tournament Schedule

MEMORIAL DAY WEEKEND SPRING DRAW TOURNAMENT: May 27th – May 29th

MID-SUMMER MIXED DOUBLES TOURNAMENT: TBA July

WINCHESTER TOWN TOURNAMENT: TBA September



The McLaren Team
CITY TO SUBURBS

CURRENT 2023

PACKER ELLIS TENNIS

PIRANI & WILE GROUP SPONSORS



WICKED
TENNIS

YOUR
LOGO

HERE

Become a Packer Ellis Tennis Court Sponsor!

Your company's name/logo will appear on a 2.5' x 6' vinyl banner along the fence on Palmer Street at Packer Ellis Tennis Courts from June to October 31.

Sponsorship | \$500

Please email mross@winchester.us if you are interested in becoming a court sponsor for 2023!



Meet our Pro: Michael Lauretano

Michael has been Packer-Ellis Tennis Lesson Director, and Winchester High School boys tennis coach since 2022. A professional coach since 2017, Michael put over 20 years of tennis experience into the start of his career. Michael competed for the Winchester High school boys tennis team from 2007-2011 bringing home three state championships, and went on to play college tennis for Endicott College until 2015. Michael leads both youth and adult programs at Winchester Indoor Lawn Tennis Center (WILTC) and has been an avid member of Winchester's tennis community his whole life. Michael is both USPTA Professional Tennis and USTA Safe Sport Certified.

Spring Youth Tennis

PARENT & CHILD: Ages 5-7

Teaching parents the easiest and most effective ways to instruct their children in proper strokes, grips, footwork, and balance while keeping it fun and entertaining for the child. This will help to keep the child focused and wanting MORE!

Instructor-to-student ratio is 1:5. Parents attend for free. Please note that it is one parent per child. (6 sessions)

Date: Wed. May 10th - June 14th

Time: 5:30-6:15pm

Location: Packer-Ellis Tennis Courts

Fee: \$155.00

ROOKIE RACQUETS: AGES 4 & 5 NOT IN KINDERGARTEN

Rookie Racquets we will be teaching children basic fundamentals while having fun with exciting engaging games.

Racquets are provided. Instructor-to-student ratio is 1:5. These weekly classes meet for 6 sessions, except for the Monday course, which meets for only five sessions.

*Monday, May 8th - June 12th	2:30 - 3pm
Tuesday, May 9 - June 13th	2:30 - 3pm
Wednesday, May 10 - June 14	2:30 - 3pm
Thursday, May 11 - June 15	2:30 - 3pm
Friday, May 12 - June 16	2:30 - 3pm

Location: Packer-Ellis Tennis Courts

Fee: \$80.00 (5 Weeks, off 5/29*)

Fee: \$90.00 (6 weeks)

JUNIOR TENNIS:

KINDERGARTEN & GRADE 1:

This program offers 50-minute lessons focusing on the basic fundamentals, learning forehands, backhands, volleys and serves with the correct grips, becoming comfortable with moving beyond the service line, learning to use full and correct strokes while having fun with exciting engaging drills & games.

Instructor-to-student ratio is approximately 1:5. These weekly classes meet for six sessions, except for the Monday program, which meets for only five sessions.

*Mon. May 8 - June 12	3:15-4:05pm
Tues. May 9 - June 13	3:15-4:05pm
Wed. May 10 - June 14	3:15-4:05pm
Thurs. May 11 - June 15	3:15-4:05pm
Fri. May 12 - June 16	3:15-4:05pm

*Mon. May 8 - June 12	4:15-5:05pm
Tues. May 9 - June 13	4:15-5:05pm
Wed. May 10 - June 14	4:15-5:05pm
Thurs. May 11 - June 15	4:15-5:05pm
Friday, May 12 - June 16	4:15-5:05pm

Location: Packer-Ellis Tennis Courts

Fee: \$135.00 - Mondays (5 weeks, off 5/29)

Fee: \$165.00 - Tues, Wed, Th, Fri (6 weeks)

INTERMEDIATE/ADVANCED:

Gr. 3-5 & 6-8

In this program, we combine tennis drills with lots of playing. We will be reviewing and teaching the fundamentals of ground strokes, volleys, overheads, and serves. Learning to use topspin with ground strokes, Using shot control not only side to side but with depth, learning to rally from the baseline, using full and correct strokes and grips to have fun with exciting engaging drills & games.

Instructor-to-student ratio is approximately 1:6. (6 sessions)

Grades 3-5

Wed. May 10 - June 14	4:15-5:05pm
Thurs. May 11 - June 15	4:15-5:05pm
Fri. May 12 - June 16	4:15-5:05pm

Location: Packer-Ellis Tennis Courts

Fee: \$165.00 (6 Weeks)

Grades 6-8

Thurs. May 11 - June 15	4:15-5:05pm
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Location: Packer-Ellis Tennis Courts

Fee: \$165.00 (6 Weeks)

BEGINNER & ADVANCED

BEGINNER: Gr. 2-5

In these 50-min. classes, you learn the basic fundamental ground strokes, volleys, overheads, and serves. Becoming comfortable while with hitting from the baseline, using shot control side to side with ground strokes and volleys, learning to use full and correct strokes to have fun with exciting engaging drills & games.

Instructor-to-student ratio is approximately 1:5. These weekly classes meet for 6 sessions, except for the Monday program, which meets for only five sessions.

Grades 2-5

*Mon. May 8 - June 12	3:15 - 4:05pm
Tues. May 9 - June 13	3:15 - 4:05pm
Wed. May 10 - June 14	3:15 - 4:05pm
Thurs. May 11 - June 15	3:15 - 4:05pm
Fri. May 12 - June 16	3:15 - 4:05pm

*Monday 5 weeks (Off 5/29)

*Mon. May 8 - June 12	4:15 - 5:05pm
Tues. May 9 - June 13	4:15 - 5:05pm
Wed. May 10 - June 14	4:15 - 5:05pm
Thurs. May 11 - June 15	4:15 - 5:05pm
Fri. May 12 - June 16	4:15 - 5:05pm

Location: Packer-Ellis Tennis Courts

Fee: 135.00 (5 weeks, off 5/29)

Fee: \$165.00 (6 weeks)



RAIN/CANCELLATIONS

In case of inclement weather, please visit www.winrec.com and look for a weather ALERT at the top of our home page. Morning and evening lessons will be moved indoors during at the Winchester Indoor Tennis Club during rain days.

Instructors for all tennis programs:
Michael Lauretano & Staff

- See instructor bio on page 14 -

Summer Youth Tennis

In case of inclement weather, we hold these morning and evening lessons at the Winchester Indoor Tennis Club.

PARENT & CHILD: Ages 5-7

Teaching parents the easiest and most effective ways to instruct their children in proper strokes, grips, footwork, and balance while keeping it fun and entertaining for the child. This will help to keep the child focused and wanting MORE!

Session I

Tuesday, July 11th-August 1st
Time: 5:30pm-6:15 pm
Location: Packer-Ellis Courts
Fee: \$100.00

Session II

Tuesday, August 8th-August 29th
Time: 5:30pm-6:15 pm
Packer-Ellis Courts
Fee: \$100.00

JUNIOR TENNIS: Ent. GRADE 1 & 2

This program offers 50-minute lessons focusing on the basic fundamentals, learning forehands, backhands, volleys and serves with the correct grips, becoming comfortable with moving beyond the service line, learning to use full and correct strokes while having fun with exciting engaging drills & games.

Junior Tennis: 8:30-9:20 am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th
Fee: \$140.00
*Week 2: \$110.00 (3 days, off 7/3-7/4)

Junior Tennis: 9:30-10:20 am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th
Fee: \$140.00
*Week 2: \$110.00 (3 days, off 7/3-7/4)

ROOKIE RACQUETS:

AGES 4 & 5 AND ENTERING K

Rookie Racquets we will be teaching children basic fundamentals while having fun with exciting engaging games.

Rookie Racquets: 8:30am-9:00am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th

Rookie Racquets: 9:00am-9:30 am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th

Fee: \$95.00

*Week 2: \$75.00 (3 days, off 7/3-7/4)

INTERMEDIATE/ADVANCED:

Entering Gr. 4-8

In this program, we combine tennis drills with lots of playing. We will be reviewing and teaching the fundamentals of ground strokes, volleys, overheads, and serves. Learning to use topspin with ground strokes, Using shot control not only side to side but with depth, learning to rally from the baseline, using full and correct strokes and grips to have fun with exciting engaging drills & games.

Inter./Advanced: 9:30am-10:45 am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th

Fee: \$155.00

*Week 2: \$125.00 (3 days, off 7/3-7/4)

BEGINNER & ADVANCED

BEGINNER: Entering Gr. 3-8

In these 50-min. classes, you learn the basic fundamental ground strokes, volleys, overheads, and serves. Becoming comfortable while with hitting from the baseline, using shot control side to side with ground strokes and volleys, learning to use full and correct strokes to have fun with exciting engaging drills & games.

Beg. & Adv. Beg. Gr. 3-5

Time: 8:30am-9:20 am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th

Beg. & Adv. Beg. Gr. 3-5

Time: 9:30am-10:20 am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th

Beg. & Adv. Beg. Gr. 6-8

Time: 9:30am-10:20 am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th

Beg. & Adv Tennis Team (Gr. 6-8)

Time: 9:30am-10:20am

Week 1: June 26th - June 30th
Week 2: July 5th - July 7th (3 days)*
Week 3: July 10th - July 14th
Week 4: July 17th - July 21st
Week 5: July 24th - July 28th
Week 6: July 31st - August 4th
Week 7: August 7th - August 11th
Week 8: August 14th - August 18th

Fee: \$140.00

*Week 2: \$110.00 (3 days, off 7/3-7/4)

Spring Adult Tennis

ADULT BEGINNER

Here is a chance to spring into a new sport. Teaching basic fundamentals, learning forehands, backhands, volleys and serves with the correct grips, becoming comfortable with staying out of no man's land, learning to use full and correct confident strokes while having fun with exciting engaging drills & games. (5 sessions)

Dates: Mondays, May 8th-June 12th (off 5/29)

Time: 7:15PM-8:15PM

Location: Packer-Ellis Tennis Courts

Fee: \$140.00

ADVANCED BEGINNER

In this program we will be teaching basic fundamentals, learning forehands, backhands, volleys and serves with the correct grips, shot control, starting to use topspin, becoming comfortable with recovery, learning to use full and correct confident strokes to rally and play points during exciting engaging drills & games. (6 sessions)

Tuesdays, May 9th - June 13th

Time: 10:30AM-11:30AM

Fee: \$170.00

Location: Packer-Ellis Tennis Courts

Tuesdays, May 9th - June 13th

Time: 6:00PM-7:00PM

Fee: \$170.00

Location: Packer-Ellis Tennis Courts

Wednesday, May 10th - June 14th

Time: 5:30PM-6:30PM

Fee: \$170.00

Location: Packer-Ellis Tennis Courts

INTERMEDIATE

Teaching fundamentals, learning forehands, backhands, volleys and serves with the correct grips, shot control, starting to use topspin, becoming comfortable with recovery, learning to use full and correct confident strokes to rally and play points during exciting engaging drills & games.

This course meets for 6 sessions, except for the Monday course, which meets for only 5 sessions.

Mondays, May 8th-June 12th

(off 5/29)

Time: 6:00PM - 7:15PM

Fee: \$165.00

Location: Packer - Ellis Tennis Courts

Tuesdays, May 9th-June 13th

Time: 7:00PM - 8:15PM

Fee: \$195.00

Location: Packer - Ellis Tennis Courts

Thursdays, May 11th-June 15th

Time: 9:00AM-10:15AM

Fee: \$195.00

Location: Packer - Ellis Tennis Courts

Thursdays, May 11th-June 15th

Time: 6:00PM-7:15PM

Fee: \$195.00

Location: Packer - Ellis Tennis Courts

SUPREME TENNIS

Teaching fundamental strokes and point play. Learning shot control for point play using forehands, backhands, volleys, and serves with the correct grips, understanding shadowing with recovery, learning to use full and correct confident strokes to rally live ball and play match points for any scenario. (6 sessions)

Tuesdays, May 9th-June 13th

Time: 9:00AM-10:30AM

Fee: \$195.00

Location: Packer Ellis-Tennis Courts

Wednesdays, May 10th -June 14th

Time: 6:30PM-8:00PM

Fee: \$195.00

Location: Packer Ellis-Tennis Courts

Thursdays, May 11th-June 15th

Time: 10:15AM-11:45AM

Fee: \$195.00

Location: Packer Ellis - Tennis Courts



BECOME A PACKER ELLIS TENNIS COURT SPONSOR!

Your company's name/logo will appear on a 2.5' x 6' vinyl banner along the fence on Palmer Street at Packer Ellis Tennis Courts from June to October 30. Sponsorship | \$500

Please email mross@winchester.us if you are interested in becoming a court sponsor for 2023!

Summer Adult Tennis

In case of inclement weather, we hold these morning and evening lessons at the Winchester Indoor Tennis Club.

ADULT BEGINNER

Here is a chance to spring into a new sport. Teaching basic fundamentals, learning forehands, backhands, volleys and serves with the correct grips, becoming comfortable with staying out of no man's land, learning to use full and correct confident strokes while having fun with exciting engaging drills & games.

Session I

Monday, July 10th - July 31st

Time 5:30PM-6:30PM

Fee: \$115.00

Location: Packer-Ellis Courts

Session II

Monday, August 7th - August 28th

Time: 5:30PM-6:30PM

Fee: \$115.00

Location Packer-Ellis Courts

ADVANCED BEGINNER

In this program we will be teaching basic fundamentals, learning forehands, backhands, volleys and serves with the correct grips, shot control, starting to use topspin, becoming comfortable with recovery, learning to use full and correct confident strokes to rally and play points during exciting engaging drills & games.

Session I

Wednesday, July 12th - August 2nd

Time: 6:45PM-7:45PM

Fee: \$115.00

Location: Packer-Ellis Courts

Session II

Wednesday, August 9th - August 30th

Time: 6:45PM-7:45PM

Fee: \$115.00

Location: Packer-Ellis Courts

INTERMEDIATE

Teaching fundamentals, learning forehands, backhands, volleys and serves with the correct grips, shot control, starting to use topspin, becoming comfortable with recovery, learning to use full and correct confident strokes to rally and play points during exciting engaging drills & games.

Session I

Monday, July 10th- July 31st

6:30PM-7:45PM

Tuesday, July 11th - August 1st

6:30PM-7:45PM

Wednesday, July 12th - August 2nd

5:30PM-6:45PM

Fee: \$145.00

Location: Packer-Ellis Courts

Session II

Monday, August 7th - August 28th

6:30PM-7:45PM

Tuesday, August 8nd - August 29th

6:30PM-7:45PM

Wednesday, August 9th - August 30th

5:30PM-6:45PM

Fee: \$145.00

Location: Packer-Ellis Courts

SUPREME TENNIS

Teaching fundamental strokes and point play. Learning shot control for point play using forehands, backhands, volleys, and serves with the correct grips, understanding shadowing with recovery, learning to use full and correct confident strokes to rally live ball and play match points for any scenario.

Session I

Thursday, July 13th - August 3th

6:00PM-7:30PM

Fee: \$155.00

Location: Packer-Ellis Courts

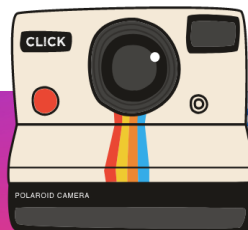
Session II

Thursday, August 10th - August 31st

6:00PM-7:30PM

Fee: \$155.00

Location: Packer-Ellis Courts



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Junior Summer Adventure

WINCHESTER RECREATION JUNIOR SUMMER ADVENTURE PROGRAM

Dates: June 26th - August 11th (7 Weeks Available)

Time: Junior Summer Adventures 9:00AM- 12:00PM

Ages/Grades: Children ages 3.0-5 and Children Entering Kindergarten

Location: Winchester Recreation (Mystic School)

Director: Sonja Ferraguto, Licensed Pre-K Director

Are you looking for a fun way for your preschooler to spend their summer days? Join us at Junior Summer Adventures as we play, explore, and create our own adventures. Your child can be a superhero, explorer, artist, builder, and so much more! Their day will include arts and crafts, story-time, sports, water play, and plenty of outdoor fun. Each week offers a different theme with fun activities appropriate for children ages 3.0 to 5 years old. Our summer staff is led by the recreation department's EEC certified director and preschool teachers, along with local high school and college students, providing a safe, fun, and engaging experience for your preschooler. Group size is limited to 18 children, and our child-to-counselor ratio is 6:1. Children must meet age requirement for their group by June 1st, and must be fully potty-trained to attend. Parents may register and complete enrollment forms online.

Allergies/EpiPens: If your child has an allergy that requires an EpiPen, please provide one that can be kept at camp for the week. An individual health Care Plan form must be submitted before your child can attend the program. (please see director)

Date	Theme	Fee	Location:
June 26th - June 30th	Blast off Into Summer	\$225	Winchester Recreation
July 3rd - July 7th (no 7/4)	Super Friends	\$180	Winchester Recreation
July 10th - July 14th	Enchanted Forest	\$225	Winchester Recreation
July 17th - July 21st	Summer Safari	\$225	Winchester Recreation
July 24th - July 28th	Under the Big Top	\$225	Winchester Recreation
July 31st - August 4th	Island Adventures	\$225	Winchester Recreation
August 7th - August 11th	Ocean Adventures	\$225	Winchester Recreation

Program Hours: 9:00AM - 12:00PM

Extended Day Hours: 12:00PM - 2:00PM

EXTENDED DAY OPTIONS:

Looking for a few hours of coverage after our Half-Day Adventure Program ends? Then this new extended option is for you! Join your friends and camp counselors for two additional hours of Summer Adventure. Campers should bring a peanut/treenut-free lunch. "Extended day" is offered Monday-Thursday, with dismissal from our Rec. Dept. location at 2:00pm.

Extended Day Price: \$115.00 per week (4 days)

\$85.00 (3 days) week of July 3rd-July 6th week - Monday,Wednesday, Thursday (Off 7/4)

WHAT GROUP IS MY CHILD IN?

Summer Fun: Age 3 by June 1

Safari - Age 4 by June 1

Sunshine - Age 5 by June 1 or entering Kindergarten

Summer Clinics/Programs

CRIMSON SOCCER YOUTH CLINIC (7- 14yrs)

The Crimson Soccer youth clinic will be directed by the Harvard men's soccer coach and Winchester resident Josh Shapiro. The staff includes accomplished college level coaches and players. The curriculum is focused on both technical and tactical skill development in a fun and positive environment. Participants should bring appropriate active gear as well as plenty of water! There will be a water cooler on site in which coaches can fill up bottles. The staff looks forward to working with players of all levels and players will be grouped by age and ability. "I'm looking forward to bringing our Crimson Soccer Youth Clinics to Winchester and working with young players in our community. It's going to be super fun!" - Coach Shapiro

Date: June 26th – June 29th, Monday – Thursday
(Friday Makeup date if needed)

Time: 9:00AM – 11:45AM

Fee: \$300.00

Location: Ciarcia Turf (Skillings)

Instructor: Directed by Josh Shapiro; Harvard Men's Soccer Coach & Staff

PROFORMANCE SOCCER (5 - 11yrs)

This program will include skill practice along with fun soccer matches and games. There will be a heavy emphasis placed on footwork, passing, and shooting. The philosophy behind our training programs is that the mastery of fundamental soccer movements will lead to increased game performance. Proformance Soccer has been running soccer training programs throughout Massachusetts for over 13 years, gaining a very strong following with soccer families for running fun but beneficial camps and clinics. (8 weeks)

Date: Saturdays, June 24th – August 12th

Time: 12:30PM - 2:30PM

Fee: \$250.00

Location: Knowlton Stadium (McCall MS Turf)

Instructor: Miles Alden-Dunn PROformance Coach



SUMMER SPEED, AGILITY, STRENGTH DEVELOPMENT PROGRAM (6th -12th)

Join WHS coaches and Recreation staff this summer for 9 weeks of speed, agility and strength training. Each group will start with Speed, Agility and Flexibility then transition into Strength & Conditioning. The breakdown of the 90 minutes will vary each day during the week i.e. Monday- 30 minutes of mobility and flexibility followed by 50 minutes of strength and 10 cardiovascular endurance, Tuesday- 40 minutes of dynamic speed training and 50 minutes of isolating strength development, Wednesday- 30 minutes plyometric, agility training and 50 explosive strength movements and 10 minutes of recovery stretch. Thursday- 30 minutes mobility and flexibility and 50 minutes of strength training, 10 minutes of cardiovascular training. Max 30 per session (9 weeks)

Date: Mondays - Thursday, June 20th-August 17th
(Off 6/19 due to holiday, first week is Tuesday - Thursday, remaining are Monday - Thursday)

HIGH SCHOOL PROGRAM (Entering Gr. 9th - 12th)

Time: Session I: 7:00AM - 8:30AM
Session II: 7:30AM - 9:00AM
Session III: 8:15AM - 9:45AM
Session IV: 9:00AM - 10:30AM

MIDDLE SCHOOL PROGRAM (Entering Gr. 6th - 8th)

Session I: 9:45AM - 11:15AM
Session II: 10:30AM - 12:00PM

Fee: \$350.00

Location: Winchester High School, Weight Room, Ciarcia Turf Staff:

- Wally Dembowski - Head Football Coach, Winter Weight Room Supervisor, Asst Outdoor Track Coach)
- Jason Cacciapuoti - Head Indoor & Outdoor Track Coach
- Cam McGhee - Former WHS Football Captain, Exercise/Sports Science Degree & Certified Personal Trainer
- Phil Reuland - Head Men's Lacrosse Coach
- Meg Foley: PE/Wellness Teacher at WHS, Girls Lacrosse Coach & Certified Athletic Trainer
- Al-Ziab: PE Teacher at McCall MS, CSCS (Certified)

-ATTENTION-

ALL WINCHESTER RECREATION PROGRAMS ARE "NUT FREE"



Thank you for your understanding and cooperation!

Summer Programs

ART STUDIO SUMMER ADVENTURE WORKSHOP (6 - 12yrs)

Through carefully structured exercises and demonstrations kids will have an opportunity to explore the key elements and methods that form the foundations of the drawing process, painting and sculpting. Our focus will be composition, proportion, perspective, exploration of line and shape in an environment that encourages child's personal creativity. On the last day of each week, at 2:00 pm, an Art show will be held for the parents, relatives, and friends of participating students. Everyone is welcome! Join us for our celebration of ART! During recess time, kids will enjoy indoor and outdoor games. Bring a snack, lunch (please NUT FREE) and water bottle each day.

Date	Theme	Fee	Location:
Week 1: July 10th - 14th	At the Farm	\$390	Winchester Recreation
Week 2: July 17th - 21st	Inuit Art	\$390	Winchester Recreation
Week 3: July 24th - July 28th	Art of Armenia, France & Japan	\$390	Winchester Recreation
Week 4: July 31st - August 4th	Mayan Art	\$390	Winchester Recreation
Week 5: August 7th - August 11th	Home Sweet Home	\$390	Winchester Recreation

Time: 9:00AM - 3:00PM

Location: Winchester Recreation

Fee: \$390.00

Instructor: Seda Metavosian

Min 8/Max 10

LIVE ACTION & CLAYMATION FLIX (7 - 13yrs)

In the mornings, discover your filmmaking talents! You don't have to be an actor to take part, as we'll guide you through the Hollywood process to create, direct, film, act, and more. You won't just make an incredible movie, you'll have the skills to make your own movies with friends. In the afternoon, you'll create your own claymation movie! You'll even get to create your own clay character to star in a movie you'll film, direct, and voice-over in small groups. Bring snacks, lunch and drink. Flix emailed within a month after program ends.

Date: July 24th - July 28th

Time: 9:00AM - 4:00PM

Location: Winchester Recreation

Fee: \$485.00

Instructor: Incrediflix

Min 10/Max 10

SPECIAL EFFECTS MOVIE & ACTION STOP MOTION FLIX (7 - 13yrs)

In the mornings, adventure awaits in these high intensity movies where we'll use a green screen, camera tricks, and special effects to create a live-action movie. Collaborate to write, act and direct this stunt-packed movie with action choreography that thrills audiences. Then in the afternoons use mini-green screens for special effects, and stop-motion tricks to create fires, explosions and floods as characters battle it out or work together to save the day. Bring snack, lunch and drink.

Date: July 10th - July 14th

Time: 9:00AM - 4:00PM

Location: Winchester Recreation

Fee: \$485.00

Instructor: Incrediflix



Min 10/Max 15

Have an idea, request or want to teach a program?

We are always looking to offer a variety of fun and exciting programs to add to our offerings throughout the year. Winchester is FULL of experts in many diverse fields! Share your knowledge with our community and help our department grow! There are many opportunities for those looking to run programs whether youth, teen or adult focused. There are two ways to join our team and offer programs, see below. To pitch an idea or request a program please e-mail jsullivan@winchester.us. To propose a program to teach please complete and submit a new program proposal form found on the Town of Winchester Recreation Web Page. Submission of a program does not guarantee the offering of any program.

TWO WAYS TO WORK WITH THE RECREATION DEPARTMENT

OPTION 1 Contracted Vendor: Currently own a business that has up to date liability insurance/workers compensation. Program revenue is based on per participant rates.

OPTION 2 Recreation Employee: You are hired through the Recreation Department as a seasonal or temporary town employee being paid an hourly rate. Rate of pay is based upon experience and skill set according to the towns R salary schedule.

*For more information contact Program Coordinator:
Jim Sullivan, jsullivan@winchesters.us 781.721.7125*

Summer Programs

SLIME SQUAD ADVENTURES (K - 5th)

Are you slime crazy? Do you love making squishy, squishy stuff? Then Challenge Islands Slime Squad Adventure is the place for you! You and a tribe full of friends will dive into a new slime-filled world everyday, whether its alien ooze, ghostly goo, monster muck or even lava. Slime Squad Adventures promises to be a STEAM-rific adventure of a lifetime.

Date: July 31st - August 4th
Time: 9:00AM - 3:00PM
Location: Winchester Recreation
Fee: \$425.00
Instructor: Challenge Island

STEAM ACROSS THE UNIVERSE (K - 5th) by Challenge Island

3...2...1 Blastoff! You and a STEAM Team of astronaut friends will create your own Mission Control Station and soar through the universe. You'll learn the spectacular science of space while taking on a galaxy of cosmically cool challenges. Don't miss out on this out of this world Challenge.

Date: August 28th - September 1st
Time: 9:00AM - 3:00PM
Location: Winchester Recreation
Fee: \$425.00
Instructor: Challenge Island

Min 12/Max 15



SUMMER TENNIS LESSONS

COMING SOON

VISIT

WWW.WINREC.COM

FOR UPDATES

MODDING WITH MINECRAFT (7 - 12yrs)

Explore, create or survive! Mine deep into the Minecraft world and create the future! In this creative class, challenge the odds, craft your own kinds of weapons and build dream worlds using code. Do this while also learning fundamental programming concepts, level design and problem-solving skills. You will make use of ready-made coding blocks to create mini versions of Minecraft games. Students will have an understanding of programming within the context of Minecraft Modding, and will learn game design all within the comfort of Minecraft.

Date: July 10th - July 14th
Time: 9:00AM - 12:00PM
Location: Winchester Recreation
Fee: \$400.00
Instructor: Codewiz Staff

Min 10/Max 12

ROBLOX GAME DESIGN (7 - 12yrs)

Anyone can build a game in Roblox! Roblox studio has all the tools to make your wildest gaming imaginations a reality. You tell us what game you want to make and we'll teach you the fundamentals and coach you through bringing that game to life! Whether you're new to coding or have some experience, you will be challenged and have fun. Through drag and drop techniques or pure scripting, you'll be creating extensions to the Roblox game while fostering your creativity and learning real-world computer coding. Participants will learn problem solving skills, managing a game from the ground up, will learn how to work with different coding concepts such as variables, objects, and writing proper syntax all while managing their very own game!

Date: July 10th - July 14th
Time: 12:30PM - 3:30PM
Location: Winchester Recreation
Fee: \$400.00
Instructor: Codewiz Staff

Min 10/Max 12

100 SPECTACULAR SCIENCE EXPERIMENTS (K - 5th)

Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 10 different projects. The scientists are fast paced and funny and your kids will be thoroughly entertained (they'll even learn some interesting things too). We will explore weird motions and flying things, air and water pressure; crazy chemistry, light and sound, science magic, electricity, magnets, astronomy and more. Be prepared for lots of fun stuff. Each child receives Scientist Trading Cards and a Free Top Secret Science Tee Shirt! A wonderful 6 hours of science each day. Hope to see you there!!

Date: Session I: July 24th - July 28th
Session II: August 21st - August 25th
Time: 9:00AM - 3:00PM
Location: Winchester Recreation
Fee: \$375.00
Instructor: Top Secret Science

Min 12/Max 16

Summer Programming

DUNGEON, DRAGONS & DISCOVERY DAYS with Wicked Cool Science (2nd - 5th)

Do you love the Stranger Things in life? Welcome to the Isle of Summersvale where you will create your own exclusive tabletop version of the board game, develop your character and become a Dungeon Master. Bring the adventure to life as we do real experiments, create potions, build a throne and make model monsters. Fulfill the prophecy of adventure with this week of gaming and science discovery fun. Become the master of your own realm!

Date: July 17th - July 21st

Time: 9:00AM - 4:00PM

Location: Winchester Recreation

Fee: \$475.00

Instructor: Wicked Cool Science Staff

Min 10/Max 12

WICKED COOL MED SCHOOL with Wicked Cool Science (K - 5th)

Is there a doctor in the house? Follow the progress of your own "patient" all week as we journey into the inner workings of the human body. Keep medical charts and become an anatomy specialist while learning the body systems. Create a "slime" cell, big bones, moving joints, and 3-D eyeballs. Learn to use a stethoscope, take vitals signs, and investigate digestion! Make it a full day! Create model mucus, extract DNA and experiment with senses.

Date: August 7th - August 11th

Time: 9:00AM - 4:00PM

Location: Winchester Recreation

Fee: \$475.00

Instructor: Wicked Cool Science Staff

Min 10/Max 12

LITTLE CHEFS WORKSHOP (K - 5th)

Do you have a picky eater or a Little Chef at home who is just really keen to spend time in the kitchen? If so, Little Chefs is the perfect opportunity to get your budding chefs into the kitchen, creating healthful masterpieces while learning skills and techniques. We focus on making delicious food with attention to making healthy choices and indulging in some treats. We provide the food, the supplies and the experience. The finished product goes home with your chef to share with the family. Safety is our top priority at Little Chefs. Morning and afternoon session available.

Date: August 21st - August 25th

Time: Morning Session: 9:00AM - 12:00PM

Afternoon Session 1:00PM - 4:00PM

NO COVERAGE BETWEEN SESSIONS

Location: Winchester Recreation

Fee: \$475.00 per session (cost includes all food/supplies)

Instructor: Little Chefs Staff

Min 8/Max 12

**For allergy questions/concerns on any recipes, please reach out directly to Kelly Barry kelly@littlechefs.net*

CHESS HERO - BEGINNER LEVEL

Entering (K - 3rd)

This program is geared towards kids that are new or relatively new to chess. Learn and reinforce basic principles. This class covers the topics like: Piece names/movement, starting position, turn-sequence, piece values, special rules, general board competencies, and checks/checkmates. We'll learn about notations for reading (and writing) games. We'll do lots of problem-solving work, so be prepared to exercise your brain. Students will be able to play with each other as well as their instructor to practice their skills and learn.

Date: June 26th - June 30th

Time: 9:00AM - 12:00PM

Location: Winchester Recreation

Fee: \$405.00

Instructor: Chess Hero Staff

Min 6/Max 15

CHESS HERO INTERMEDIATE/ADVANCED BEGINNER (2 - 7th)

This program is geared towards students who already know chess rules/basics. It is preferable to have students who know all of the rules of chess before signing up for this chess session. This class will concentrate on the specific offensive and defensive strategies with a review of fundamental opening, middlegame, and endgame strategies. Each week the students will be introduced to a new tactic and/or strategy such as pins, forks, discovered attacks, and skewers. Students will also learn basic checkmating patterns such as how to checkmate with a king and queen vs. king. We'll learn about notations for reading (and writing) games. We'll do lots of problem-solving work, so be prepared to exercise your brain. Students will be able to play with each other as well as their instructor to practice their skills and learn.

Date: August 7th - August 11th

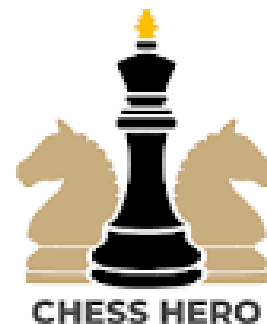
Time: 9:00AM - 12:00PM

Location: Winchester Recreation

Fee: \$405.00

Instructor: Chess Hero Staff

Min 6/Max 15



Adult Programming

PICKLEBALL 101 FOR BEGINNERS

NEW TO THE GAME (18+)

Come join others to play Pickleball, the fastest-growing sport in the U.S.A. It is fun, social, and friendly. The basic rules are fairly simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced competitive game for all. In this program learn all about the game: court layout, basic rules, shots, positioning and game structure. Paddles and balls will be provided. TENNIS sneakers should be worn. Bring water.



- Session 1: Saturday, April 29th 10AM - 12PM
- Session 2: Saturday, April 29th 2PM - 4PM
- Session 3: Saturday, May 13th 10AM - 12PM
- Session 4: Saturday, May 13th 2PM - 4PM
- Session 5: Wednesday, May 17th 10AM - 12PM
- Session 6: Wednesday, June 14th 10AM - 12PM

Location: Leonard Field Tennis Courts
Fee: \$40 per person Min 4/Max 8 per session

PICKLEBALL for Advanced Beginners/Intermediate (18+)

This clinic is for players who already know the basic rules, scoring and are able to play a game independently. Skills and drills to improve dinking, serve strategies, volley and ground strokes, drop shots, and game strategies. Balls will be provided, bring your own paddle. TENNIS sneakers should be worn. Bring water. Players should know the basic rules, scoring and be able to play a game independently. Skills and drills to improve serves, volley and ground strokes, positioning and game strategies. Paddles and balls will be provided. TENNIS sneakers should be worn. Bring water.

- Dates:
- Session 1: Wednesday, May 17th 2:00PM - 4:00PM
 - Session 2: Saturday, May 27th 10:00AM - 12:00PM
 - Session 3: Saturday, May 27th 2:00PM - 4:00PM
 - Session 3: Wednesday, June 14th 2:00PM - 4:00PM
- Location: Leonard Field Tennis Courts

Fee: \$40 per person Min 4/Max 8 per session
Instructor: Marjorie Berger

UNDERSTANDING MEDICARE

If you are close to the age of 65 or already on Medicare, this class is for you! The class is designed to fully enlighten you on how Medicare works and the different health care choices available to those age 65+. In this class you will learn the following:

- How are parts A, B, C and D Integrated?
- What is Medicare Advantage?
- What are the pros and cons of HMOs, PPOs, and Medigap Plans?
- Should I take Medicare if I am still employed?
- How will health care reform impact Medicare?
- Does any part of Medicare cover long-term care expenses
-

Date: Wednesday, April 12th 2023
Time: 7:00PM - 9:00PM
Location: VIA Zoom (Link will be sent prior)
Fee: \$30.00
Instructor: Daniel R. Williams, CLU, CHFC, CFP

Adult Programming

YOGA + MINDFULNESS

Increase your strength, balance and flexibility with mindful movements. Calm your mind and sooth your nervous system with simple and effective breathing and meditation techniques. These welcoming classes are designed to guide beginners as well as experienced yogis looking to return to the heart of their practice. Bring your yoga mat and any props that support your practice.

Dates: Wednesdays, April 26th - May 31st

Time: 6:00PM - 7:00PM

Location: Winchester Recreation

Fee: \$80.00 for session (6 weeks)

\$17.00 for drop in rate

Instructor: Linda Devincentis



ADULT OPEN TABLE TENNIS

We are excited to bring one of the fastest growing sports to Winchester! Open play will be available for beginners, experienced, as well as those players new to the sport. During this two hour program, open play will be available with light instruction from our coaches that will include fundamental table tennis techniques and as well as match strategies. Maximum of sixteen players per session. (6 weeks)

Date: Thursdays, April 27th - June 1st

Time: 6:30PM - 8:30PM

Fee: \$15 per night - must pre-register and pay online prior \$80 when registering for all 6 weeks (Save \$10)

Location: Winchester Recreation

Instructor: Shaya & Qiumar Hedayatian

Min 6/Max 16

ZUMBA MORNINGS (18+)

Looking to change up your workout? Zumba is an easy to follow, calorie burning, dance fitness party. It combines Latin and international music with a fun and effective workout. Feel the music and let loose! Beginners welcome, no experience required. (5 weeks).

Date: Mondays, May 8th - June 12th (off 5/29)

Time: 9:00AM - 10:00PM

Location: Winchester Recreation Gym

Fee: \$90.00

\$18.00 (One class trial - limit 1 per person)

Instructor: Laura Gordon



Field Rental/Policies - Safety

Field Use and Permitting Information

The Winchester Recreation Department oversees the use and permitting of all the fields and park spaces for the Town of Winchester. We encourage all residents to enjoy the town recreational spaces, and get out and be active! Fields and parks are free to use for any unorganized play or pick up games as long as a permitted group is not utilizing the space. Permit holders have priority use and the ability to bump non-permitted users off of the permitted space during their permitted activity.

Please note that any organized and/or fee based activities must be permitted through the recreation department such as youth private coaching, tennis lessons, sports & fitness training and clinics, organized games with referees and uniforms, camps and tournaments. Additionally, residents can permit and reserve a field for a birthday party, one time event, or neighborhood game. Permit fees apply based on the amount use, field space requested and priority tiers. Fee based programs must possess liability insurance with the town of Winchester listed as an additional insured. Non-fee based permitted use may not require liability insurance for use, contact the Recreation Director for guidance. For information on permitting policy, fees and procedures please visit the Town Recreation Web Page: <https://www.winchester.us/635/Recreation-Department>

The field use policies and procedures are developed and maintained by the Winchester Field Management Committee and approved by the Winchester Select Board. Information on the Field Management Committee can be found here:

<https://www.winchester.us/334/Field-Management-Committee>

Parent Info: Camps and clinics separate from the Recreation Department must promote that their programs have been permitted by the Town of Winchester Recreation Department on their promotional materials. Camps must also be licensed by the Winchester Board of Health and state that on their documentation as well. Fee based activities that do not state they have been permitted by The Town of Winchester may not possess the minimal liability coverage and may not have conducted background checks on their staff. If in doubt, please notify the Recreation Office: 781-721-7125

Winchester Recreation After School Care

WRAP/LYNCH AFTER SCHOOL CARE 2023-2024

PLEASE NOTE: Due to the logistics of the Parkhurst swing space, the Recreation Department will only be offering WRAP after school at Winchester Recreation for 2023 -2024. All Lynch students looking for afterschool care should enroll into our WRAP program. We have expanded our program and are encompassing our Lynch Staff members into WRAP during the Lynch School transition in hopes to return to Lynch after the construction project is complete.

The Winchester Recreation Department offers an EEC licensed after school childcare program for children entering K – 6 at our WRAP program, centrally located in the Recreation Department Mystic Building at 263 Main Street.

The WRAP program is licensed by the Department of Early Education and Care and follows the Winchester Public School calendar. Care is provided on all early release days, as those costs are built into the monthly fees. When schools are closed for vacations, holidays, professional development days or snow days, the programs are generally closed, however there are times where we may offer additional registration options, subject to additional fees. (Vacation Programs, No School Days/Teacher Professional Development Days)

Each WRAP classroom is specifically designed and outfitted with age-specific equipment and materials for a developmentally friendly space for each grade. The WRAP program has use of the gym, a newly renovated sport court, 2 age specific playgrounds and opportunities for children to enroll in a wide variety of enrichment programs offered at the Rec. Department during their afters school care. Enrichment offerings are registration based and have included programs such as art, martial arts, fencing, cooking, language learning, STEM based programs, sports and fitness, and gymnastics. WRAP also provides additional enrichment opportunities throughout the week in their daily structure, activity-based clubs, homework time, opportunities for free and structured play, choice-based activities and early release day field trips, performers, and special events.

REGISTRATION INFORMATION: Based upon availability, parents can enroll by calling 781-721-7125 and paying the non-refundable \$50 registration fee. Once enrolled, parents must complete the registration packet and submit the packet to the Recreation Department prior to your child attending the program. The first month's tuition will be charged on June 15, 2023, and once charged is nonrefundable. The remaining tuition payments will be charged on the first of each month starting in September and will cover the following month's tuition. Monthly payments end on May 1, which covers June enrollment.

REGISTRATION OPTIONS: 5 Day, 4 Day, 3 Day, 2 Day options available (You select days) Pricing for these options are listed in the pricing section below.

PRICING/FEE STRUCTURE

5 days/wk \$545/month
4 days/wk \$490/month
3 days/wk \$390/month
2 days/wk \$260/month

-CURRENTLY TAKING A WAITLIST-
Please contact mross@winchester.us
to be included on the waitlist

Select the appropriate number of days during the week, each day is subject to availability. Register early to ensure your child's spot. Transportation to WRAP is available through Winchester Public Schools. Please see the school transportation information on the Winchester School website for information.

WITHDRAWAL POLICY: When registering, you are committing for the entire school year. Families looking to withdraw are required to give a ONE MONTH (30 days) advanced notice if you plan on dropping your child out of the after school program. **No exceptions.**

Additional information for WRAP can be found on our website www.winrec.com

WRAP Director: Carol McCollem cmccollem@winchester.us

WINCHESTER RECREATION

SUMMER

Concerts

WEDNESDAYS @ 6:30PM

JUNE 28TH - TBA

FAMILY/CHILDRENS BAND

JULY 12TH - RIVERBOAT STOMPERS

NEW ORLEANS STYLE BAND

JULY 19TH - RICO BAND

SINATRA SWING BAND

JULY 26TH - PERFECT CRIME

BEST OF 60'S, 70'S & 80'S

AUGUST 2ND - BLUES DOGS

BLUES BAND

AUGUST 9TH - JAGGED IMAGE

SOFT ROCK CLASSICS

AUGUST 16TH - BEN RUDNICK

FAMILY/CHILDRENS BAND

AUGUST 23RD - CLASSIC GROOVE

R&B SMOOTH JAZZ & LATIN RHYTHM BAND

THANK YOU TO OUR CURRENT SPONSORS!

Rotary Club of Winchester



FAMILY ACTION NETWORK of Winchester



EnKa SOCIETY