

WINCHESTER RECREATION & COMMUNITY EDUCATION

2024 FALL



REGISTER AT WINREC.COM



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263 MAIN STREET, WINCHESTER, MA 01890

DEPARTMENT INFO

WINCHESTER RECREATION

263 Main Street
Winchester MA 01890
Main Office: 781-721-7125
Fax: 781-721-7129

[Town Recreation Webpage](#)

[Registration Link](#)

OFFICE HOURS

Monday: 8AM to 7PM
Tuesday-Friday: 8AM to 4PM

STAFF CONTACT INFO

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Director of Recreation
ncacciolfi@winchester.us

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Program Coordinator
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Mitchel Ulacco

Program Supervisor
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Sonja Ferraguto

Pre-School Director
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Carol McCollem

WRAP Director
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Lisa Paganis

WRAP Assistant Director
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FINANCIAL AID INFO

Financial Assistance may be available.
Applications available online or by request.

SPECIAL CIRCUMSTANCES

Those requiring special assistance, please contact the Recreation Director.

TUITION

Tuition must be paid at the time of registration. Visa, Master Card, Discover are accepted. Checks should be made payable to Winchester Recreation Department.

PAYMENT PLANS

Payment plans are available please reach out to Michelle Blumsack mblumsack@winchester.us or call 781-721-7125 for more information.

E-ANNOUNCEMENTS

Please sign up for our general email list to receive periodic updates and new program information.

WEATHER CANCELLATIONS

All cancellations will be posted as an alert at the top of our registration website: www.winrec.com

FLEXIBLE SPENDING

Town of Winchester
Tax ID # 046-001-371

NEIGHBORS HELPING

NEIGHBORS

NHN is a fund set up to help support Winchester families who might otherwise be unable to afford recreation programs. To donate: Add Neighbors Helping Neighbors to your cart, then select the amount you would like to donate. All donations are greatly appreciated!

WINCHESTER RECREATION

FALL 2024

PROGRAM GUIDE

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Disclaimer:

Occasionally there may be an error, typo or change in the day, times, fees or location in the brochure. If so, we will do everything possible to correct the situation promptly.

PHOTO PERMISSION

Participants in Winchester Recreation sponsored activities permit the taking of photos and videos of themselves and their children for publication and use. Instructions to the contrary must be made in writing to the Recreation Department.

PROGRAM REFUND/CANCELATION/TRANSFER POLICY*

Notice must be given 5 business days prior to a program start date for a refund.

- Programs costing less than \$100: Full refund less \$10

- Programs costing \$100+: Full refund less 10% of the program fee

- Transfers will be charged \$10 administrative fee.

- Only medical refunds can be given after the program has begun; however these will be prorated for classes attended and a \$10 administrative fee will be applied. (physician documentation required).

*This excludes CHILDCARE PROGRAMS & PRE-SCHOOL please see specific policies for WRAP & Kid Connection.

EARLY RELEASE DAY ACTIVITIES

FIELD TRIPS/ACTIVITIES TBA

Winchester Recreation is exploring options for Early Release field trips/activities! Keep an eye on our website and social media for updates and offerings throughout the school year.

Feel free to contact us with any ideas or interest in chaperoning!

PICKLEBALL TOURNAMENT

First Annual Winchester Pickleball Tournament Fundraiser 9/28!

Join the Winchester community in participating in the first pickleball tournament sponsored by The Friends of the Winchester Recreation Department for a socially competitive fundraiser event.

\$60.00 per player. Proceeds benefit the Friends 501c(3)

Format: Scramble

Ladies: 9am-12pm

Men: 1pm-4pm

Visit friendsofwinchesterrecreation.org to register

HALLOWEEN HAUNTS

DOWNTOWN HALLOWEEN WINDOW PAINTING

Spooky ghosts, witches and glowing jack-o-lanterns come alive as Winchester residents paint Halloween pictures in this wonderful community event. Participants decorate the outside of designated windows of local businesses using specialized window paint. All windows must have a "Halloween Theme." This event will take place on Saturday October 19th (rain date October 20th). Window assignments/locations with instructions will be emailed one week prior to event. Space is limited, so register early!

Date: *Saturday, October 19th (Rain Date Sunday 10/20)

Time: 9:00AM - 1:00PM

Fee: \$35.00 per window

Max 150 Participant



COMING SOON

DOWNTOWN TRICK OR TREATING

FAN in collaboration with WinRec event October 26th, rain date October 27th. More info to follow!



WINTER SKI PROGRAM

Winchester Recreation is working with Nashoba Valley Ski to bring skiing back!

FIELD INFO

Field Use and Permitting Information

The Winchester Recreation Department oversees the use and permitting of all the fields and park spaces for the Town of Winchester. We encourage all residents to enjoy the town recreational spaces, and get out and be active! Fields and parks are free to use for any unorganized play or pick up games as long as a permitted group is not utilizing the space.

Please note that any organized and/or fee based activities must be permitted through the recreation department such as youth private coaching, tennis lessons, sports & fitness training and clinics, organized games with referees and uniforms, camps and tournaments. Additionally, residents can permit and reserve a field for a birthday party, one time event, or neighborhood game. Permit fees apply based on the amount use, field space requested and priority tiers. Fee based programs must possess liability insurance with the town of Winchester listed as an additional insured. Non-fee based permitted use may not require liability insurance for use, contact the Recreation Director for guidance. For information on permitting policy, fees and procedures please visit the Town Recreation Web Page: [Winchester Recreation Department](#)

The Field use policies and procedures are developed and maintained by the Winchester Field Management Committee and approved by the Winchester Select Board. Information on the Field Management Committee can be found here: [Field Management Committee](#)

Fields, parks and playgrounds are maintained by the Winchester Department of Public Works. Please report any safety issues or concerns to the DPW at (781) 721-7100

ADULT PROGRAMS

YOGA + MINDFULNESS for STRESS RELIEF (18+)

Increase your strength, balance and flexibility with mindful movements. Calm your mind and sooth your nervous system with simple and effective breathing and meditation techniques. These welcoming classes are designed to guide beginners as well as experienced yogis looking to return to the heart of their practice. Bring your yoga mat and any props that support your practice. (8 weeks)

Dates: Wednesdays, Oct. 16 - Dec. 11 (Off 11/27)

Time: 6:00PM - 7:00PM

Location: Winchester Recreation Gym

Fee: \$95.00

Drop in Fee: \$17

Instructor: Linda Devincentis

Min 5/Max 10

ZUMBA (18+)

Looking to change up your workout? Zumba is an easy to follow, calorie burning, dance fitness party. It combines Latin and international music with a fun and effective workout. Feel the music and let loose! Beginners welcome, no experience required. (10 weeks)

Date: Fridays September 20 - December 13

(Off 10/18, 10/25, 11/29)

Time: 9:00AM - 10:00AM

Location: Winchester Recreation Gym

Fee: \$180.00

\$20.00 (One class trial - limit 1 per person)

Instructor: Laura Gordon

Min 4/Max 20

ADULT PROGRAMS

STEEL DRUM WORKSHOP (Grades 5 - 12 & adult)

Are you interested in trying to play Steel Drums (also known as Steel Pans)? Join Laurie and Sara from the Winchester Community Music School for a fun and relaxed workshop. You'll learn about the history of these incredible instruments from Trinidad and Tobago,

receive instruction on how to play, and learn a few songs together. You can attend any workshop or join all three. No musical background is required.

Dates: Wednesday, October 16th
Wednesday, October 30th
Wednesday, November 13th
Times: Youth: 6:00PM - 7:20PM
Adult: 7:30PM - 8:50PM



ADULT SPORTS

ADULT PICKUP SOCCER (Ages 18+ and not currently in HS)

Are you looking for some casual soccer play & something that doesn't require full commitment, then this is for you! This is a weekly self-regulated, low impact pick up soccer game which allows you to play the sport you love, get some exercise, and meet other players in town. All are welcome, the game is very casual, no slide tackling or rough play allowed. Please bring both a white and dark shirt each week. You must register to participate. Winchester residents only.

Mondays September 9 - November 18
Time: 7:30-9:00pm
Saturdays September 21 - November 30
Time 7:30AM - 9:00PM
Location: Manchester Grass

Cost: FREE, but must register online or by calling Rec. Dept.

TENNIS IN THE PARKS (18+)

Looking for more work on the court? This program is led by a SafeSport-approved coach, the focus is placed on FUN and learning the basics. (6 weeks)

Date: Saturdays September 28 - November 2
Time: 12:00PM - 1:00PM
Location: Leonard Field Courts
Fee: Adult \$100
Min 7/Max 10



781.721.7125

WWW.WINREC.COM

ADULT PICKUP KICKBALL

(Ages 18+ and not currently in HS)

A fun alternative to baseball/softball. Gather your friends for a casual and fun, social game of kickball each week. This is a self-regulated low impact sport that allows you to get some exercise and make new friends! Please bring both a white and dark shirt each week. (8 weeks)

Date: Sundays September 15 - November 3
Time: 12:30PM-2PM
Location: Ambrose Field
Cost: FREE,
but must register online
or by calling rec. dept.



263 Main Street, Winchester MA

ADULT SPORTS



PICKLEBALL OPEN PLAY (18+) PICKLEBALL 101 (18+)

Open Play: Come join other pickleball players who know the rules and how to play. Open play is for players level 2.5 and up. Game play is set in a fun and recreational setting. We are able to offer this program at no charge thanks to our volunteer and USA Pickleball Ambassador Marjorie Berger. Participants must sign up to play using www.playtimescheduler.com. Sessions will be canceled if less than 4 players. Once you register on their site, choose Greater Boston area, sessions listed by date, time and towns. Nets are available, bring your own paddle and ball. Court shoes are strongly recommended.

Fall Schedule: Start (TBD) - December 2024
Tuesday and Thursday 4:30PM-Dark (2.5+)
Wednesday 10AM - 12PM, Round Robin Play (3.0+)
Sundays 10AM - 12PM (2.5+)
Location: Leonard Tennis Courts

Additional weekday times will vary, check www.playtimescheduler.com for available play times.

Come join others to play Pickleball, the fastest-growing sport in the U.S.A. It is fun, social, and friendly. The basic rules are fairly simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced competitive game for all. In this program learn all about the game: court layout, basic rules, shots, positioning and game structure. Paddles and balls will be provided. TENNIS sneakers should be worn. Bring water. (3 weeks)

ONLY SIGN UP FOR ONE SESSION!

Session I: Tuesdays, September 24 - October 8
Session II: Tuesdays, October 15 - October 29
Session III: Tuesdays, November 12 - November 26
Session IV: Tuesdays, December 3 - December 17
Time: 6:00PM - 7:15PM
Fee: \$75.00
Location: Winchester Recreation Gym
Instructor: Marjorie Berger
Min 3/Max 4

First Annual Winchester Pickleball Tournament Fundraiser 9/28!

Join the Winchester community in participating in the first pickleball tournament sponsored by The Friends of the Winchester Recreation Department for a socially competitive fundraiser event. \$60.00 per player. Proceeds benefit the Friends 501c(3)

Format: Scramble

Ladies: 9am-12pm

Men: 1pm-4pm

Register individually on friendsofwinchesterrecreation.org

KID CONNECTION PRESCHOOL

Sonja Ferraguto Pre-School Director sferraguto@winchester.us
Celebrating 30 years of preschool learning!!

Kid Connection is a community-based preschool operated by the Winchester Recreation Department. Our focus is on developing the “whole child” emphasizing social/emotional growth and pre-academic skills. We have been serving the Winchester community for 30 years, and pride ourselves on the longevity of our dedicated teachers and our low teacher to child ratio. Our theme-based curriculum combines learning through play with teacher directed activities in a nurturing environment. Enrichment opportunities throughout the year include music, yoga, gymnastics, local field trips, and more. We have large, bright classrooms and an expansive outdoor play area and sport court. We respect each parent as their child’s first educator and strive to create a strong home/school connection. Kid Connection is a school year program that follows the Winchester Public School calendar and is licensed by The Department of Early Education and Care (EEC).

CORE PROGRAMS

STEPPING STONES - Age 2.9 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm
Tuition: \$4,535/year billed in ten equal payments of \$453.50 Max class size 16/3 teachers

ALPHABET SOUP - Age 3.5 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm
Tuition: \$4,455/year billed in ten equal payments of \$445.50 Max class size 18/3 teachers

LITTLE RASCALS - Age 3.10 by Sept. 1 Days: Monday – Thursday, 9:00am-12:15pm
Tuition: \$5,380/year billed in ten equal payments of \$538.00 Max class size 18/3 teachers

BUILDING BLOCKS - Age 4.3 by Sept. 1 Days: Monday – Friday, 9:00am-12:30pm
Tuition: \$6,500/year billed in ten equal payments of \$650.00 Max class size 18/3 teachers

BUILDING BLOCKS - Extended Day Days: Monday – Friday, 9:00am-2:00pm
Tuition: \$9,300 billed in ten equal payments of \$930.00 Max class size 18/3 teachers



PRE-SCHOOL ADD-ONS

Add extended day or additional day options to the above core programs by adding Stay and Play or Discovery Days to your child’s registration.

DISCOVERY DAYS: Monday 9:00-12:00 & Friday: 9:00am-12:00pm

Acting out stories, exploring art materials, music, and movement, building and creating... more of what your child loves about learning! If you prefer a full week schedule for your younger preschooler, you can add one or two Discovery Days to complete their week.

Tuition: \$1,400/year per day added billed in ten equal payments of \$140.00 per day

STAY AND PLAY: Daily until 2:00 PM

This program gives your child extra time for fun and learning! Our extended day program is offered Monday through Friday, from the time your child is dismissed from their class, until 2:00pm. You may register for 1-5 days of extended care on days when your child normally attends.

Monthly cost for extended day options:

\$115/month for 1 Day

\$210/month for 2 Days

\$310/month for 3 Days

\$400/month for 4 Days

\$490/month for 5 Days

*Single days/drop-ins are available at a fee of \$37/day if enrollment is not full.

For more detailed class information and pricing click here: [Kid Connection Preschool](#)

PRE-K PROGRAMS

TODDLER TUMBLERS (1.5-3yrs w/caregiver)

Join us this fall with your tiny tumbler! This class is the perfect combination of fun and learning. Miss Jenn brings oodles of energy to keep kids moving in her preschool gymnastics class. Each week will have a different theme, children will do rolls, walk across the beam, swing like monkeys and jump like frogs on the vault. Parachute bubbles and stamps round out this magical class. Child must be proficiently walking and children should wear comfortable clothing and bare feet. (11 weeks)

Date: Tuesdays, Sept. 17 - Dec. 3 (Off 11/5)

Time: 9:00AM - 9:35AM

Location: Winchester Recreation Gym

Fee: \$165.00

Instructor: Jennifer McGrath Min 6/Max 15

PRE-K GYMNASTICS (Ages 3-5)

This is an all by myself class! Children will gain independence while learning basic gymnastics skills in a fun easy setting. They will start bridges, forward and backward rolls, cartwheels, handstands and so much more, using bars beam and vault. This is a fun filled class complete with parachute, stamps and smiles. (11 weeks)

Date: Tuesdays, September 17 - December 3
(Off 11/5)

Time: 9:40AM - 10:25AM

Location: Winchester Recreation Gym

Fee: \$165.00

Instructor: Jennifer McGrath Min 6/Max 15



FUN-DERLAND (Ages 2 - 4 w/caregiver)

Join Winchester Recreation and Mrs. McCollem for this fun and exciting program. This program will incorporate a number of your favorite pre-school games, sports and activities that will keep your child moving and socializing with others! (6 week session).

Session I: Thursdays, September 26 - October 31

Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym

Session II: Thursdays November 7 - December 19
(Off November 28th)

Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym

Fee: \$100.00

Instructor: Carol McCollem

Min 6/Max 12

BABES IN ARTLAND (Ages 2 - 4 w/caregiver)

This program encourages parents and children to interact in a creative and challenging environment. Children explore with paint, glue, and other craft materials. Parents and children will have loads of fun when they team up and create all sorts of crafts with Mrs. McCollem. (6 sessions)

Session I: Fridays September 27 - November 1

Time: 10:00AM - 10:45AM

Location: Winchester Recreation

Session II: Fridays November 8 - December 20
(Off 11/29)

Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym

Fee:\$100.00

Instructor: Carol McCollem

Min 6/Max 12

SCOOPS LACROSSE (Ages 3 - 7)

Dates: Thursdays September 26 - October 24

Time: 5:00PM - 6:00PM

Location: Ambrose Field

Fee: \$180

See full description on page 11

PRE-K PROGRAMS

READ ALOUD WITH MS. P! (AGES 1.5-5yrs w/caregiver)

These sessions incorporate and promote literacy to inspire artwork. The children will listen to a story where the book will correlate, connect, and inspire their artwork. They will explore the book through art and art through the book. Let's get creative thru art expression and practice our literacy and listening skills.

(4 Weeks)

Session I: Tuesdays October 1- October 22
Ages 1.5-2.11 Time: 9:45AM - 10:15AM
Ages 3-5 Time: 10:30AM - 11:00AM

Session II: Tuesdays October 29- November 26
(Off 11/5)
Ages 1.5-2.9 Time: 9:45AM - 10:15AM
Ages 3-5 Time: 10:30AM - 11:00AM

Location: Winchester Recreation
Fee: \$50.00
Instructor: Lisa Paganis
Min 4/Max 10

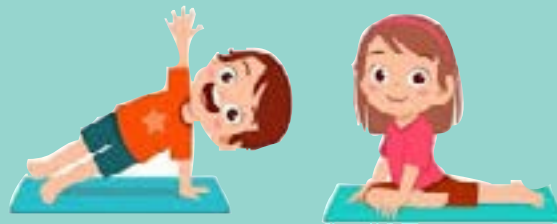
YOUNG YOGIS WITH MS. P! (AGES 3-5yrs w/caregiver)

Young Yogis will get your youngsters interested in yoga and movement. Yoga is calming, stimulates a fully functioning brain, increases concentration, teaches mindfulness and movement.
(4 Weeks)

Session I: Wednesdays October 2 - October 23
Time: 10:00AM - 10:45AM

Session II: Wednesdays October 30 - November 20
Time: 10:00AM - 10:45AM

Location: Winchester Recreation Gym
Fee: \$50.00
Instructor: Lisa Paganis
Min 4/Max 10



TINKERGARTEN (Ages 1.5 - 8 w/caregiver)

Join us outside for fun, open-ended and child-led lessons designed to engage kids in joyful, nature-based play! This fall, our curriculum is designed to help kids hone their ability to focus. Participants will use the captivating natural world to learn building blocks of focus, feel grounded in the moment, how to zoom in and out, wonder, and to follow our interests. (9 Weeks)

Want to check it out first? Register for one of our Free Trials:

Tuesday, September 10 9:30AM- 10:30AM
Friday, September 13 9:30 AM- 10:30AM

Date: Tuesdays September 17 - November 19 (Off 11/5)
Fridays September 20 - November 15

Time: 9:30AM - 10:30AM

Location: Ginn Field

Fee: \$190.00

Instructor: Becca Wickham

Min 5/Max 12



YOUTH LEAGUES

2024 – 2025

WINCHESTER RECREATION BASKETBALL PROGRAM

DEADLINE TO REGISTER: November 8th

This program is for participants of all abilities! Participants will practice and play games each week in a fun and recreational environment against classmates and friends. Games are held on Saturdays with skills sessions/practices for all groups meeting 1x time during the week (day and time TBD). The Saturday schedule times and location will vary depending on the number of players in each division. Games run for 1 hour and game times vary from 8:00 AM – 2:00 PM. We anticipate the younger ages starting earlier in the morning followed by the older leagues. Due to limited gym availability, practice days and times will be determined based on the number of total teams in the league. Practices will be the same day and time for your child's team and can take place Monday – Thursday Practice and game schedules are released at the coaches meeting in mid-November before the season begins. Details will be sent to parents by their teams' coaches prior to the start of the season. Rosters and schedules will be posted on winrec.com.

Teams will consist of 8 – 10 players per team, with playing time being distributed evenly. During game play we will be utilizing Winchester High School athletes from both the boys' and girls' basketball teams to referee. Specifics on game play and rules will be set prior to the start of the season. Hoops will be set at 10ft for grades 4th – 8th, with hoops set at 8ft for grade 3, both boys and girls. Age groups could be combined based on registration numbers with your child's team placements and complete schedule being released before the first week of practices/skills that begin the week of December 2. **Game play will begin on December 7.**

BOYS RECREATION BASKETBALL (Grades 3rd – 8th)

GAME SCHEDULE: Saturdays, December 7th - March 8th (Off 12/21, 12/28, 2/15, 2/22)

Times/Locations are subject to change based upon registration numbers in each division

GRADES	TIME	LOCATION	FEE
Boys Grade 3:	10:00AM or 11:00AM	Lincoln Elementary	\$185
Boys Grade 4:	8:00AM or 9:00AM	McCall Middle School	\$185
Boys Grade 5-6:	9:00AM or 10:00AM	McCall Middle School	\$185
Boys Grade 7-8:	1:00PM or 2:00PM	McCall Middle School	\$185

GIRLS RECREATION BASKETBALL (Grade 3rd – 8th)

GAME SCHEDULE: Saturdays, December 7th - March 8th (Off 12/21, 12/28, 2/15, 2/22)

Times/Locations are subject to change based upon registration numbers in each division

GRADES	TIME	LOCATION	FEE
Girls Grade 3:	11:00AM or 12:00PM	Lincoln Elementary	\$185
Girls Grade 4-5:	12:00PM or 1:00PM	Lincoln Elementary	\$185
Girls Grade 6-8:	12:00PM or 1:00PM	McCall Middle School	\$185



PRACTICE SCHEDULE:

Days: Mondays - Thursdays

Each team will have one skills/practice night per week at a time between 6:00-8:30pm and one game each Saturday starting the week of December 2. Details will be sent to parents by their teams' coaches prior to the start of the season.

Times/Locations are subject to change based upon registration numbers in both boys'/girls' divisions.

VOLUNTEER COACHES/ONSITE COORDINATORS WANTED

- contact Chris Ellison cellison@winchester.us

YOUTH LEAGUES



WINCHESTER JUNIOR LEAGUE BASKETBALL

December 7th - March 8th (10 weeks)

Boys and Girls Ages PreK-K(4yrs) - 2nd Grade

One of our most popular programs!! This program is for boys and girls ages 4yrs old thru 2nd Grade. Children will be placed on teams according to age/grade, and will receive their very own team shirt. Focus will be on instruction as well as game play. Teams will practice for the first 20-minutes, followed by a 32-minute game each week.

Please note that times may vary each week, however, all games/practices are on Saturdays. You cannot request a specific time. 10 weeks (First two weeks practice)

Location: Vinson Owen School

Fee: \$125.00

Rookie Division : Ages 4 yrs old thru K (must be 4 by December 1)

- The Rookie Division is for boys and girls that are PreK (4yrs of age as of December 1st) or in Kindergarten.
- Players will rotate into the line-up every 4 minutes of the game.
- Hoops will be lowered to 7ft and mini balls will be used
- Coaches will act as referees and are allowed to be on the court to help with positioning. Volunteers will coach the teams.

Date: Saturdays, Dec. 7th - March 8th
(Off 12/21, 12/28, 2/15, 2/22)

Time: Game times will vary each week

Boys: 9AM, 10AM, or 11AM

Girls: 9AM, 10AM, or 11AM

Veteran Division Grades 1st - 2nd

- The Veteran Division is for boys and girls that are currently in 1st grade or 2nd grade
- Players will rotate into the line-up every 4 minutes of the game.
- Hoops will be lowered to 7ft and jr. size bballs will be used
- Coaches will act as referees and are allowed to be on the court to help with positioning. Volunteers will coach the teams.

Date: Saturdays, Dec. 7th - March 8th
(Off 12/21, 12/28, 2/15, 2/22)

Time: Game times will vary each week

Boys: 11AM, 12PM or 1PM

Girls: 11AM, 12PM or 1PM

VOLUNTEER COACHES WANTED - contact [Chris Ellison cellison@winchester.us](mailto:Chris.Ellison@winchester.us)



YOUTH LEAGUES

SUNDAY NIGHT LIGHTS FLAG FOOTBALL (K - 8th)

The mission is to provide the youth of Winchester with an opportunity to experience the positive social and athletic benefits of flag football. We aim to have fun playing the great game of flag football in a safe environment that will help kids learn about physical activity and the proper skills required to play the game. Developing character and sportsmanship are also top priorities. There will be practice time before each game. This time will enable coaches to work on skills and schemes that will be used in games. Teams will consist of 8-10 players and, in the interest of keeping teams balanced, no team requests will be honored. A game shirt will be provided to each participant. **Registration is currently open! registration deadline September 1st.**

Dates: Sundays, September 15th to October 27th

Boys Division	Time	Girls Division	Time
K - 1st	12:00PM - 1:00PM	K - 2nd	12:00PM - 1:00PM
2nd - 3rd	1:00PM - 2:00PM	3rd - 5th	1:00PM - 2:00PM
4th - 5th	2:00PM - 3:00PM	6th-8th	2:00PM - 3:00PM
6th, 7th 8th	3:00PM - 4:00PM		

Cost: \$165.00

Location: Knowlton Stadium Turf, Manchester Grass

QUESTIONS OR INFO ON COACHING? - contact Carl McFadden @snlfootball.com
SPACE IS LIMITED TO 100 PER AGE GROUP

YOUTH SPORTS

ULTIMATE FRISBEE

(Grades 6 - 11)

Ultimate frisbee is an exciting, non-contact team sport played by thousands all over the world. It's a fast-paced game where players advance a frisbee by making passes from player to player until completing a pass in the opponent's end zone. No prior experience is necessary and new players pick up the game very quickly. Sessions will include matches against other towns (home and away) or intrasquad scrimmages. Details will be confirmed after the start of the season. All player will receive a new jersey. Please note size of jersey at registration. (8 weeks)

Date: Sundays, September 15 - November 3

Time: 3:00PM - 5:00 PM

Location: Mullen Field

Fee: \$150.00 (includes reversible game jersey)

Instructor: Nathan Swilling

Grades 6-8: Min 8/Max 15

Grades 9-11: Min 8/Max 20

SCOOPS LACROSSE (Ages 3 - 7)

Scoops Lacrosse is an introductory lacrosse program open to both boys and girls ages 3 - 7yrs of age. By focusing on the fun in fundamentals, Scoops classes are designed to ensure the game of lacrosse is learned through activities while keeping participants actively engaged and in motion! Each week will consist of age appropriate lacrosse games. Positive encouragement is used to help build skills and confidence levels. Participants will receive a Scoops T-Shirt and Scoops Stickers. This program is pad free, no helmets, pads or gloves required - please bring your own youth size lacrosse stick. For more information, please contact Garrett Brown coachgb@scoopslax.com (5 weeks)

Dates: Thursdays September 26 - October 24

Time: 5:00PM - 6:00PM

Location: Ambrose Field

Fee: \$180

Instructor: Scoops Lacrosse Coaching Staff

* Child must be 3 by May 1st

Min 10/Max 60

YOUTH SPORTS

KENPO KIDS KARATE (Gr. K-5)

A program for children with or without martial arts experience. Classes are held in a safe, respectful and inclusive environment that will help develop greater social skills and nurture student's mental and emotional growth.

Lessons focus on confidence building, goal setting and bully awareness. Students will also be presented with age and rank appropriate strikes, kicks, blocks and self-defense techniques. The self-defense techniques include using verbal skills to defuse and de-escalate situations. All students will be instructed in a pre-arranged pattern of movements called a "Form" that coincide with their current rank.

All classes are instructed by 7th Degree Black Belt, Shihan Brian Sweetser owner of Bay State Martial Arts in Woburn. Shihan Sweetser has over 30 years of experience in the martial arts and 27 years of instructing children and adults of all ages, abilities and fitness levels. (12 weeks)

Date: Mondays, September 9 - December 9

(Off 10/14 & 11/11)

Time: 3:15PM - 4:00PM

4:00PM - 4:45PM

Location: Winchester Recreation

Fee: \$180.00

Location: Winchester Recreation Gym

Instructor: Brian Sweetser

Min 8/Max 25

Bay State Martial Arts uniforms are required and are available only through the instructor for an additional cost.



FUN GYMNASTICS (Grades K - 5)

Get ready to have some fun!!! Parachute, stretching, splits, "Simon Says", jumps, bridges, rolls cartwheels, handstands, walkovers, jumping, running, swinging on the bars, balance beam and learning how to vault. All of this in a no pressure atmosphere! This class has it all. Come join us for some afterschool FUN !! Wear comfortable clothes, no shoes, long hair must be tied back. (11 weeks)

GRADES K-2

Date: Tuesdays, September 17 - December 3 (Off 11/5)

Time: 3:00PM - 3:45PM

Location: Winchester Recreation Gym

Fee: \$165.00

Instructor: Jennifer McGrath

Min 6 Max 20

GRADES 3-5

Date: Tuesday, September 17 - December 3 (Off 11/5)

Time: 4:00PM - 4:45PM

Location: Winchester Recreation Gym

Fee: \$165.00

Instructor: Jennifer McGrath

Min 6/Max 15

GOOD SPORTS LINCOLN (Grades K - 5)

Sports, sports, and more sports! Discover a new sport, develop new friends, and seek new challenges. Kids will have fun learning about sportsmanship, team play, exercise, and skill development. Games may include, but are not limited to basketball, floor hockey, soccer, dodgeball and more. Children are also encouraged to develop their own games. Grab your friends and sign up - spots will fill quickly! (6 weeks)

Dates:

Grades K-2 Mondays, October 21-November 25

Grades 3-5 Fridays, October 18 - November 22

Time: 2:20PM - 3:30PM

Location: Lincoln Elementary Gym

Fee: \$120.00

Instructor: Michael Toomey

Min 8/Max 20

YOUTH SPORTS

WINCHESTER RECREATION YOUTH WRESTLING PROGRAM (Grades 3 – 8)

In this program coaches will strive to develop athletes with grit and determination. Participants will learn how to face adversity and build the courage to keep pushing forward. Participants will learn the basics of wrestling and learn to enjoy the 1:1 competition that wrestling provides. There are several half-day weekend competitions and tournaments during December, January, and February. The coaches expect participants to attend most of these events. Schedule of these events TBA.

What to bring: Please have your child wear active clothing, T-shirt, and shorts to practice/matches. All participants should purchase wrestling shoes and headgear. Headgear is a requirement and must be worn at all practices and competitions. Please reach out to coach Nissen if you have any problems procuring these items or need advice on where to purchase. All participants will receive wrestling t-shirt, shorts and a team sweatshirt as part of the registration fee. Please provide sizes when registering.

Dates: Mondays & Wednesdays, December 2nd – February 5th (Off 12/23, 12/25, 1/1, 1/20)

Times: 6:30PM – 8:00PM

NEW Location: Winchester Recreation Department Gym

Fee: \$260

VOLUNTEER COACHES NEEDED - contact Chris Ellison at cellison@winchester.us

Head Coach: Chris Nissen

Assistant Coach: Daniel Nissen

Meet our coaches! Chris Nissen & Daniel Nissen are both Winchester residents who are passionate about giving back to the youth wrestling community. Chris & Daniel both attended High School in Colorado and followed one another to the Air Force Academy competing at the collegiate level. Chris was a 4x State H.S. Champion and at the Air Force Academy he was a NCAA Division 1 National Qualifier. Daniel was a High School State Qualifier and place winner.

ULTIMATE SPORTS (Grades K - 5)

Looking to burn some energy after the school day? Join us for Ultimate Sports! The focus will be on fair play, learning how to win and lose respectfully and of course teaching good sportsmanship. This program is not limited to traditional sports, playing a variety of games such as dodgeball, gaga ball, wiffleball, kick-ball, basketball, hockey, handball, and many classic PE games. (6 weeks)

Date: Thursdays Nov. 7 - Dec. 19 (Off 11/28)

Times: 3:00PM - 4:00PM

5:00PM - 6:00PM

Location: Winchester Recreation Gym

Fee: \$100.00

Instructor: Mitch Ulacco

Min 6/Max 25

YOUTH VOLLEYBALL SKILLS (Grades 3 - 5)

Join WHS Volleyball alumni and Recreation Supervisor Mitchel Ulacco to learn the basics of volleyball through a variety of age appropriate exercises, drills, and games. Players will learn to bump, set, and serve as well as basic footwork. This sport teaches participants about teamwork and helps establish socialization with peers. (6 Weeks)

Date: Thursdays, Sept. 26 - Oct. 31

Time: 3:00PM - 4:00PM

5:00PM - 6:00PM

Location: Winchester Recreation Sport Court

Fee: \$100.00

Instructor: Mitch Ulacco

Min 4/Max 12



YOUTH SPORTS

YOUTH BASKETBALL CLINIC (Grades K-5)

Basketball season is approaching and whether you are preparing for your upcoming youth league or new to the game, this is the right option for your child! This class will “stick to the roots” and focus on the basic fundamentals of basketball through dribbling, passing, shooting, and defense while also incorporating TEAM play activities. Groups will be separated by grade. (8 Weeks)

Dates: Wednesdays, October 2 - December 4

Time: 3:00PM - 4:00PM

Fee: \$135

Location: Winchester Recreation Gym

Instructor: Mitch Ulacco

Min 4/Max 20



CROSS COUNTRY RUNNING CLUB (Grades 5-8)

Cross country is a great sport to develop overall athleticism! The focus will be on proper form and running techniques, along with building aerobic endurance. This program is open to all abilities. (6 Weeks)

What to wear/bring: running shoes, running shorts and shirt, a water bottle.

Dates: Tuesdays and Thursdays beginning September 17-October 24

Time: 3:30-4:30pm

Location: Manchester Track

Instructor: Mike Toomey

Fee: \$125

Max 25

TENNIS IN THE PARKS (Grades 1 - 8)

The tennis program where kids play while they learn! This program is for brand-new or beginner tennis players. Led by a SafeSport-approved coach, the focus is placed on FUN and learning the basics, using age-appropriate equipment that makes learning easy. All players in their first session receive and keep a new age-appropriate racquet and ball! (6 weeks)

Date: Saturdays September 28 - November 2

Grades 1-2 (Red Ball) 9:00AM - 10:00AM

Grades 3-5 (Orange Ball) 10:00AM - 11:00AM

Grades 6-8 (Green Ball) 11:00AM - 12:00PM

Adults 18+ See Page 3

Location: Leonard Field Courts

Fee: Youth \$90

Adult \$100

Program Instructor: USTA Coach

Min 7 Max 10



YOUTH PROGRAMS

AFTER SCHOOL LANGUAGE CLUB: SPANISH (Grades K - 5)

HOLA! Learn Spanish in a fun and engaging atmosphere! This program is designed for children to learn another language in the same way they learn to speak in their native tongue; by listening, repeating, and speaking. Native teachers allow students the opportunity to learn authentic pronunciation and gain a broader perspective in cultural awareness. The class follows the VMM approach (visuals, manipulatives, and motion) through music, games, role-play, art projects, holidays and cultural activities, practice with Student Portfolio, and much more. This program is suitable for those with little to no experience as well as students with previous experience. (10 weeks)

Dates: Tuesdays, September 24 - December 3 (Off 11/5)

Time: 4:00PM - 5:00PM

5:00PM - 6:00PM

Fee: \$165.00

Location: Winchester Recreation

Instructor - Global Child

Min 6/Max 10



CHESS WIZARDS (Grades 1 - 5)

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards Children will learn important life concepts, such as the ability to win graciously, accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of the session, each student will participate in a mini chess tournament. (10 weeks)

Dates: Fridays, September 27 - December 6

(Off 11/29)

Time: 3:30PM - 4:30PM

4:30PM - 5:30PM

Fee: \$250.00

Location: Winchester Recreation

Instructor: Chess Wizards

Min 8/Max 12

ART STUDIO (Grades 1 - 6)

Through carefully structured exercises and demonstrations, kids will have an opportunity to explore the key elements and methods that form the foundations of drawing, painting and sculpting. The focus will be composition, proportion, perspective, exploration of lines and shapes in an environment that encourages a child's personal creativity. Kids will create artwork in different techniques and mediums through age appropriate projects. Materials are included. (6 weeks)

Session I: Wednesdays September 18 - October 23

Session II: Wednesdays November 6 - December 11

Time: 3:15PM - 4:30PM

4:45PM - 6:00PM

Fee: \$300.00

Location: Winchester Recreation

Instructor: Seda Matevosian

Min 6/Max 10



YOUTH PROGRAMS

FISH ON (Grades K - 5)

Join the Winchester Recreation Department on Saturday mornings for some fishing fun! In this program participants will learn the basics of fishing including: fishing rod/reel set up, knot tying, lure choice as well as choosing how and where to cast. For the more experienced fishers, more advanced techniques will be taught to catch the fish of your dreams! Lures/Bait will be provided, please bring your own fishing rod. Catching a fish might not be a guarantee, but having fun sure is! (6 weeks)

Date: Saturdays, September 21 - October 26

Time: Grades K-2 9:00AM - 10:00AM

Grades 3-5 10:00AM - 11:00AM

Fee: \$100.00

Location: Leonard Pond

Instructor: Dan Medwar and Ed Morton

Min 5/Max 8



SHARK TANK JR. (Grades 2-5)

Step into the Shark Tank!

Got an idea for a side-less taco, a shirt that never stains or a no-spill baby bottle? Then it's time to put on your inventor's hat and design the business of your dreams! Right Brain Curriculum teachers will get you up to speed on business plans, competition, budgets, and presentation skills. You will bring your one-of-a-kind idea to life. Design a flagship store, write and perform in a TV commercial and create a prototype of a product that will change the lives of millions. Armed with an "elevator pitch" you present your business, persuading the audience to get behind your big idea! Get those wheels turning, it's time to take care of business! (8 weeks)

[Click here](#) to see the program in action!

Date: Mondays, September 23 - November 25
(Off 10/14 & 11/11)

Time: 3:30PM - 4:30PM

Location: Winchester Recreation

Fee: \$180

Instructor: Right Brain Curriculum

Min 8/Max 14

LEGO CHALLENGES (Grades 2 - 5)

Love building with Legos? Each week participants will be challenged to create a sensational Lego scene. Each challenge is a mystery that your teacher will reveal – A helicopter rescue scene? A space shuttle launch site? Lego Godzilla attacking a city? Participants will have limited time to create the scene and present it to the class. Presentation skills will be key as participants try to persuade classmates that their Lego creation is #1. Right Brain Curriculum Instructors will help participants use persuasive language, eye contact and proper posture for their presentations. Legos and public speaking, now that's a match! (8 weeks)

Dates: Mondays, September 23 - November 25 (Off 10/14 & 11/11)

Time: 4:30PM - 5:30PM

Fee: \$180.00

Location: Winchester Recreation

Instructor - Right Brain Curriculum

Min 8/Max 14



YOUTH PROGRAMS

KIDS' TEST KITCHEN

(Grades K-5)

On a mission to get eaters of all ages and abilities, cooking, tasting, and thinking about healthy ingredients! We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient; or a sample of the finished dish so they can show off what they learned! Even the most reluctant eaters enjoy Kids' Test Kitchen, where participation is encouraged, and the choice to taste is always one's own. Lessons are planned to celebrate seasonal produce, whole grains, and legumes. Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. ***Please clearly disclose all food allergies and/or dietary restrictions upon registration.**

Dates: Thursdays, October 3 - November 14 (Off 10/31)

Time: 3:30PM - 4:30PM
4:45PM - 5:45PM

Fee: \$220.00

Location: Winchester Recreation

Instructor: Kids Test Kitchen Min 6 Max 10

DRAMA CLUB WITH

KIDSTOCK! (Grades K - 5)

In Kidstock! Drama Club, participants explore the foundational elements of theater, empowering students to become the center of their own story and fostering teamwork, expression, positive conflict resolution, strong interpersonal skills...and so much more!
(6 Weeks)

Date: Fridays, September 27 - November 1

Time: Grades K-2 3:00PM - 4:00PM
Grades 3-5 4:15PM - 5:15PM

Fee: \$135.00

Location: Winchester Recreation Gym

Instructor: Kidstock!

Min 8 Max 16

781.721.7125

3D PRINTING - BlocksCAD

(Grades 2 - 5)

MATH - CODING - 3D DESIGN

BlocksCAD is a web-based tool used to teach 3D modeling through block-based coding. Students learn coding basics to create digital files and turn them into a tangible object that they get to take home like robot, fidget toy and keychain! The class covers programming concepts including loops and sequences. (8 weeks)

Equipment needed: Students need a laptop or Chromebook for classes (no iPads please) loaded with Google Chrome, Safari or Mozilla Firefox. The instructor will have 2-3 spare devices available if needed.

Each student will receive one complimentary 3D print of their choosing after class concludes. BlocksCAD will print the selected design for eventual pick-up at Winchester Recreation.

Dates: Mondays, Oct. 7 - Dec. 9 (Off 10/14 & 11/11)

Time: 3:45PM - 4:45PM

Fee: \$245.00

Location: Winchester Recreation

Instructor: BlocksCAD

Min 4 Max 12

STEEL DRUM WORKSHOP

(Grades 5 - 12 & adult)

Are you interested in trying to play Steel Drums (also known as Steel Pans)? Join Laurie and Sara from the Winchester Community Music School for a fun and relaxed workshop. You'll learn about the history of these incredible instruments from Trinidad and Tobago, receive instruction on how to play, and learn a few songs together. You can attend any workshop or join all three. No musical background is required.

Dates: Wednesday, October 16th

Wednesday, October 30th

Wednesday, November 13th

Times: Youth: 6:00PM - 7:20PM

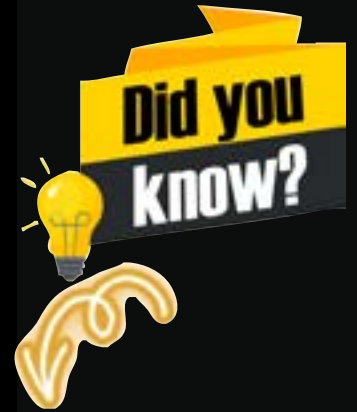
Adult: 7:30PM - 8:50PM



YOUTH PROGRAMS

WinCAM

Winchester Community Access & Media, Inc.



OUR MISSION

WINCHESTER COMMUNITY ACCESS & MEDIA, INC. (WINCAM) is a non-profit, membership-based corporation, committed to providing an electronic forum for the free exchange of information and ideas, and a showcase to reflect the talents, skills, interests, concerns and diversity of the Winchester community. WinCam provides television studio and field equipment for member use as well as free training from their expert staff to educate and support member productions.

<https://wincam.org/>

WINCAM - INTRO TO GRAPHIC DESIGN (Grades 6-12)

This three-session intensive course on graphic design covers the basics of color theory, composition, and more. Learn the fundamentals of Photoshop and Illustrator and have the opportunity to create basic fliers and logos. The fee includes a year membership to WinCAM and access to equipment, facilities and training. For more information on the course, contact Maeve Rondeau at maever@wincam.org.

Session I: Monday, Sept. 23 - Wednesday, Sept. 25

Session II: Monday, Oct. 21 - Wednesday, Oct. 23

Time: 4:00PM - 5:30PM

Location: WinCam

Fee: \$195.00

Instructor: Maeve Rondeau

Min 1 Max 3

WINCAM - SPORTS BROADCASTING (Grades 6 - 12)

This three-session, intensive sports broadcasting course, designed to teach all facets of multi-camera, live productions. Participants will learn camera shooting techniques, graphics generation, sound mixing, and the fundamentals of streaming live video, while working on a WinCAM crew for a live high school sports event! The fee includes a year membership to WinCAM and access to equipment, facilities and training. Those that complete the course can join our volunteer team to assist in covering WHS Varsity sports. For more information on the course, contact Maeve Rondeau at maever@wincam.org.

Date & Time: Tuesday, October 1 3:30PM - 4:30PM & Wednesday, October 2 4:00PM - 5:30PM

The 3rd class will be filming a live sport event on a date of participant's choice

Location: WinCam

Fee: \$35.00

Instructor: Maeve Rondeau

Min 1 Max 4

YOUTH COMPUTER PROGRAMMING

INTRO TO JAVA Level 1: (Grades 7-10)

This course covers the basics of Java, how it is different from Python, and what the two languages have in common. Learn about the Java Virtual Machine (JVM), and what compiling a program means. Students will learn about implementing and debugging algorithms to solve problems, and will focus on object-oriented software development strategies. Students will use Interfaces and Classes and understand the differences between them. They will learn to use the different levels of visibility that Java allows when writing their programs, and will explore some of Java's APIs for input and output, as well as its support for data structures such as Lists, Maps, and Trees. Students will become familiar with JavaDoc, and how to search the Java documentation to answer their own Java API questions. (15 classes)

***Students must have completed Python Level 4 to enroll in this class.**

Date: Fridays, September 20 - January 17 (Off 11/29, 12/13, 12/27)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: McCall Middle School

Instructor: Blackrock Networks, INC

Min 4 Max 10

PROGRAMMING WITH PYTHON Level 3: (Grades 5-9)

This course will continue where the Programming With Python Level 2 Class left off reviewing what was covered last semester. An introduction of concepts such as sorting, searching for data in a CSV file, and object-oriented programming. Students will also start solving simple problems using their programming skills. Some programs will include a matching pairs game, a sink your ship game, an image-based puzzle, and a MIDI music player. (15 weeks)

***Students must have completed Python Level 2 to enroll in this class.**

Date: Thursdays, September 19 - January 16

(Off 9/26, 11/28, 12/26)

Time: 5:35PM - 6:35PM

Fee: \$515.00

Location: McCall Middle School

Instructor: Blackrock Networks, INC

Min 4 Max 10

All Winchester Recreation Programs are



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"Winchester
Recreation"
on Facebook

YOUTH COMPUTER PROGRAMMING

INTRO TO COMPUTER PROGRAMMING WITH PYTHON Level 1: (Grades 5 -8)

The class is a 15-week course that covers the basics of “real” computer programming in Python, an easy-to-learn language that is used today in many companies. Students will learn how to read, write, and modify basic Python programs, learn about variables, loops, if-then-else statements, and functions.

Some of the topics covered include how to use Python to do math problems, draw pictures, write a quiz, make secret messages, and do cool things in Minecraft (Pi Edition).

Previous typing experience is very beneficial. Previous programming experience is not expected. The class material is challenging and is best suited for students who like computers and enjoy problem-solving. This class is the first semester in a series of 4 semesters of Python programming. Class size will be limited to ensure that each student receives the support they need.

Students who wish to learn more about computer programming can continue with more advanced material in Python Level 2, Python Level 3, and Python Web Programming Level 4.

Required Supplies: There is an additional one-time cost to purchase the Raspberry Pi educational computer. You can find the links to Amazon on our website at Raspberry Pi 4 educational computer. Students will use it for their class-work and homework. They will be required to bring it with them to class each week. We will put them together on the first day of class. You do not need to set them up in advance. (15 weeks)

If you already own a Raspberry Pi 3, you do not need to purchase a new one. Please confirm the version with us first.

For more information, please contact classes@blackrocknetworks.com

Grades 5-8

Date: Wednesdays, September 25 - January 22 (Off 11/27, 12/25, 1/1)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: McCall Middle School

Grades 5-8

Date: Thursdays, September 19 - January 16 (Off 9/26, 11/28, 12/26)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: McCall Middle School

Instructor: Blackrock Networks, INC

Min 4 Max 10



YOUTH WORKSHOPS

THURS **October 24**

TEEN INTERVIEW WORKSHOP (Grades 8-12)

Do you have a high school student getting ready to interview? Are you a teen looking for an internship or preparing for a college interview? Interviewing can be challenging for students especially when they haven't interviewed before. However, putting one's best foot forward during an interview is a critical step towards landing a great job during high school, and a valuable skill to develop for the future. Parents, think back to your first interview. Did you know what to expect or say? Interviewing can be a stressful experience for teens whether they are looking for their first job or going to their first college interview. Learn self-presentation skills and important talking points to help succeed at an interview.

Time: 6:00PM - 7:30PM

Location: Winchester Recreation

Fee: \$90.00

Instructor: New England School of Protocol

Min 6 /Max 20

PRE-TEEN NETIQUETTE WORKSHOP (Grades 5 - 9)

In today's world teens are growing up on gadgets, learning how to communicate via a screen and language developed through shortcuts and texting. This can make face to face interaction much more difficult. Introduce your teens to the art of conversation. They will learn what to say and how to act when meeting someone for the first time or when trying to develop friendships. These skills will help enhance their communication and interpersonal skills.

For more information visit: www.newengland-schoolofprotocol.com

Time: 7:30PM - 8:30PM

Location: Winchester Recreation

Fee: \$80.00

Instructor: New England School of Protocol

Min 6 /Max 20

WED **November 13**

CHILDREN'S "PREP FOR THANKSGIVING" DINING ETIQUETTE WORKSHOP (Grades 2 - 7)

Bring some holiday sparkle to your child's Thanksgiving! Our Children's Thanksgiving Dining Etiquette Workshop is an engaging and interactive program where children learn the art of gracious dining. From handling cutlery with confidence to making merry conversation, we ensure your little ones shine at every Thanksgiving gathering, showcasing confidence, courtesy, and self-reliance in any social or dining situation.

Join us for a session that combines learning with Thanksgiving cheer, ensuring your child is poised and polite this holiday season!

Time: 6:00PM - 7:30PM

Fee: \$90.00

Location: Winchester Recreation

Instructor: New England School of Protocol

Min 6/ Max 20

CHILDREN'S CONVERSATION SKILLS WORKSHOP (Grades 2 - 7)

For many children it is easy to strike up a conversation or join one already in progress but for others engaging in small talk or starting a conversation can be challenging. Developing a child's conversational skills and etiquette is important as it helps them build confidence, cultivate friendships, and understand social expectations. A child who is good at communicating verbally will often produce better written communication and interpret what they read more accurately, helping them in all areas of academics.

Time: 7:30PM - 8:30PM

Fee: \$80.00

Location: Winchester Recreation

Instructor: New England School of Protocol

Min 6/ Max 20

YOUTH WORKSHOPS

TUES **December 17**

SOCIAL SKILLS WORKSHOP (Grades 2 -7)

In today's fast-paced, high-tech society, teaching children manners is more crucial than ever. One of the most important jobs we have as parents and teachers is to help children develop social skills, show them how to interact with others in a polite manner, and teach them to treat everyone with respect. Whether the occasion is a family gathering, a meal at a restaurant, or a quick trip to the grocery store, children can apply our lessons in any social situations and practice good manners so that they become a habitual part of their lives and set them apart.

For more information visit:

www.newenglandschoolofprotocol.com

Time: 6:00PM - 7:30PM

Location: Winchester Recreation

Fee: \$90.00

Instructor: New England School of Protocol

Min 6 /Max 20

CHILDREN'S RESTAURANT READY WORKSHOP (Grades 2 -7)

Like to take your children out to eat with you at a restaurant but you're a little afraid how they might behave? In this workshop participants will learn how to use good manners at the table when dining out at a restaurant or a special event. Table manners are not just about how to hold your silverware or how to place your napkin. Good table manners also show self-awareness, respect, and courtesy to others. They are important tools for social interactions that will benefit children personally and professionally for the rest of their lives. After the workshop students will have a better understanding of restaurant manners and confidently demonstrate proper etiquette when dining out.

Time: 7:30PM - 8:30PM

Fee: \$80.00

Location: Winchester Recreation

Instructor: New England School of Protocol

Min 6/ Max 20

ADULT WORKSHOPS

THURS **October 17**

YOU CAN AFFORD COLLEGE IF....

you PLAN in advance; you UNDERSTAND the financial aid process; you ACT early enough to be successful. Financial aid goes to the families who plan and act in advance - before December of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process and why implementing strategies may increase a family's eligibility even if you have a "high income" or own a business. The greatest amount of financial aid goes to the families who act in the early years of high school. REMEMBER: Procrastination equals less financial aid. All schools are not alike, so it is important to know your options and opportunities. A free financial aid analysis will be available to all attendees. For information, visit www.collegefundingadvisors.com.

Time: 6:30PM - 8:30PM

Location: Winchester Recreation

Fee: \$21.00 Single \$30.00 Couple

Instructor: Don Anderson

Min 6 Max 12

WINCHESTER RECREATION AFTER SCHOOL CARE (WRAP)

The Winchester Recreation Department offers an EEC licensed after school childcare program for children entering K – 6 at our WRAP program, centrally located in the Recreation Department Mystic Building at 263 Main Street.

The WRAP program is licensed by the Department of Early Education and Care and follows the Winchester Public School calendar. Care is provided on all early release days, as those costs are built into the monthly fees. When schools are closed for vacations, holidays, professional development days or snow days, the programs are generally closed, however there are times where we may offer additional registration options, subject to additional fees. (Vacation Programs, No School Days/Teacher Professional Development Days)

Each WRAP classroom is specifically designed and outfitted with age-specific equipment and materials for a developmentally friendly space for each grade. The WRAP program has use of the gym, a newly renovated sport court, 2 age specific playgrounds and opportunities for children to enroll in a wide variety of enrichment programs offered at the Rec. Department during their afterschool care. Enrichment offerings are registration based and have included programs such as art, martial arts, fencing, cooking, language learning, STEM based programs, sports and fitness, and gymnastics. WRAP also provides additional enrichment opportunities throughout the week in their daily structure, activity-based clubs, homework time, opportunities for free and structured play, choice-based activities, and early release day field trips, performers, and special events.

PRICING/FEE STRUCTURE: \$50 nonrefundable registration fee
5 days/wk \$565/month
4 days/wk \$505/month
3 days/wk \$405/month
2 days/wk \$275/month

**-PROGRAM IS FULL-
Information for 2025-2026
will be released in the Winter Brochure**

WRAP Director: Carol McCollem cmcollem@winchester.us
WRAP Assistant Director: Lisa Paganis lpaganis@winchester.us

2025 – 2026 Registration is conducted in mid January for returning students, with new student lottery registration beginning in early February. Our Winter Brochure will include updated information and exact registration timelines.

WIN REC RENTALS

The Winchester Recreation Department offers evening and weekend rentals (based on activity schedules). Community members can rent our gym for birthdays, to shoot hoops, play floor hockey, dodge ball, or just run around and get some exercise. Classrooms are also available for workshops/meetings/party space. All renters must have an adult onsite at all times. Recreation equipment is available for use upon request. A staff member will be onsite to assist with any equipment needs and set up. If you are bringing in an outside vendor or performer to run games or events, the Town of Winchester will require proof of insurance from all businesses.

BIRTHDAY PARTY RATES & INFORMATION

Days/Times Available:
Monday – Friday: Call for availability/rates.
Weekends: \$300 fee includes 2 hours for party/event, with 30 minutes of set up and 30 min for breakdown (total 3 hours)
Email request forms/questions to: mulacco@winchester.us
Request form: <https://www.winchester.us/DocumentCenter/View/5792/Mystic-Gym-Request-form>





**These organizations run programs separate from Winchester Recreation.
Contact them for offerings and registration info.**

WINCHESTER YOUTH BASKETBALL (TRAVEL BASKETBALL)
www.winchesterbasketball.org

WINCHESTER YOUTH SOCCER
<https://clubs.bluesombrero.com/Default.aspx?tabid=283329>

WINCHESTER POP WARNER CHEER
www.winchestercheer.com

WINCHESTER YOUTH BASEBALL/SOFTBALL
www.wybs.org

WINCHESTER YOUTH LACROSSE
www.winchesterlax.org

GIRLS LACROSSE
<https://www.winchestergirlsyouthlacrosse.com/>

WINCHESTER YOUTH FIELD HOCKEY
<https://sites.google.com/a/winchesterps.org/winchester-field-hockey/youth-field-hockey>

YOUTH FOOTBALL (SFC)
pmanganaro@manganaro.com

WINCHESTER RECREATION DEPARTMENT

Celebrating
30
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KID CONNECTION PRESCHOOL



ACCEPTING REGISTRATIONS FOR 2024-25

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